

401 Water Tower Circle, Suite 102
Colchester, VT 05446



SPRING 2019 EDITION

Greetings from Sacramento, California and happy Spring! Transitions of the seasons always remind me to stop, breathe deep, and reflect on what has passed and what is to come. Spring has brought longer days, vivid colors and a newly renewed sense of community. I am excited for our upcoming time together.

Many thanks to Deb Shapiro who has been hard at work creating a rich agenda for our upcoming meeting in Philadelphia, August 8-11. And many thanks to our Administrative Lead, Mary Gagne, who is constantly hard at work behind the scenes. Some of the topics will include women's health, sexual and gender minority health, activism in medicine, gun violence, and social determinants of health. Jane Petro has been hard at work organizing a trip to the Drexel Legacy Center which will occur on Saturday morning. The tour will illuminate the 170-year history of women physicians and will highlight contributions from our group. Patty Robertson is also organizing a Career Exploration panel on Sunday morning geared toward medical students that was very well-received last year. Attendings, please consider participating in this panel as it is a critical opportunity for the mentorship that is a key aspect of our organization. Registration is now open; please head over to the website to register (<https://womeninmedicine.org/>)! We are also excited to continue our mentorship program. If you are available to be a mentor, please contact us at wim.doctors@gmail.com. On Thursday morning at 11 am, we will have a community forum led by representatives of the "Mission Statement Working Group" which has been hard at work for the last year compiling data from surveys that were sent out to the Board of Directors. Please strongly consider coming to the forum to offer your perspective regarding our mission. And consider participation in a Committee or the Board of Directors. We are always excited to welcome fresh new leadership to our community. Contact me for more details!



This year, we are excited to honor 3 medical students for their vital leadership work in advocacy for LGBTQ+ people through the Women in Medicine LGBTQ Leadership Scholarship program. Thanks to the generosity of annual donors and collective donations, we were able to offer \$15,000 in scholarship funds this year, which is no small feat! These scholarships are not only an opportunity to be inspired by the next generation of LGBTQ+ leaders, but also a wonderful way to honor this work and get the younger generation excited about our organization and community. Many of the prior recipients of these awards are now active in leadership positions. We purposefully invest in mentorship, scholarship and subsidizing the travel and lodging costs of our medical student and resident members knowing that they are the future of our organization. Please consider donating to the General Fund or the Medical Student Fund upon registering for the conference so that we can continue to support the future of WIM!

We will continue the tradition of a live auction fundraiser on the evening of Saturday, August 10 along with entertainment and a game night, which should be a lot of fun! Please consider donating something for the auction. Past donations have included dance lessons, sailing trips, books, jewelry, and even vacation homes! All proceeds go to Women in Medicine and help us fund travel scholarships, leadership scholarships, needs-based scholarships, conferences and other special projects. You may donate at the time of registration, contact me, or email our organization at wim.doctors@gmail.com.

Lastly, I would like to formally honor the many years of dedication from Mary Gagne and welcome her daughter Alyssa Pizzuti to the helm of Administrative Lead as Mary transitions out of this position after the close of our time in Philadelphia.

I'm looking forward to seeing you all in Philadelphia!

Warm regards,
Kara Toles, MD, President, Women in Medicine



The 36th Annual Women in Medicine Conference Philadelphia, PA

This year marks the 36th annual retreat/conference for our organization! On August 8 we will be converging in historic Philadelphia, PA for a lively discussion of front-line research and topics. We will be located in the Gayborhood so you can enjoy the area and restaurants around the hotel.



The setting is appropriate as the conference highlights both old and new. We will start with new information from the longitudinal

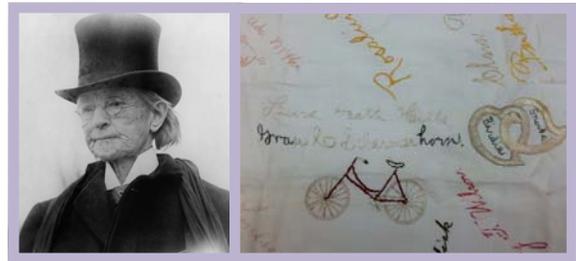
study of children of lesbians. This has been ongoing for 30 years and was one of the original seed grants from the Lesbian Health Fund. The first afternoon will also feature a keynote address presented by Karen Parker, PhD, MSW on Sexual and Gender Minority Research at the NIH. We have a diverse array of talks and speakers from "What Kills Women" to Guidelines for Trans Care, Activism in Medicine, Gun violence and the Amazing Breast. We then segue into the future with talks on Pharmacogenetics, the evidence for the uses of Medical Marijuana as well as Genetic Testing in Cancer.

We will once again host a workshop on Mentorship and Career Exploration for gender and sexual minority women. We also have new topics for the longitudinal workshops allowing attendees to get CME credit for participating in discussions such as Environmental Health, Complementary Care and Physician Burnout.

One of the things that always makes our conference so memorable is the time we spend with each other outside the lecture hall. Participants will have the opportunity to explore Philly together.

This year the conference will start the afternoon of Thursday, August 8. For those that are arriving early on Wednesday, we hope to have some planned outings to build some new and rekindle some old friendships before the conference begins. We also are trying to organize some family/kid friendly outings. Please make sure to indicate your interest on your registration form.

****NEW**—Friday** evening we would like to have a DINE AROUND with various choices that should appeal to all pocketbooks, palettes and parents! Please let us know if you are interested on your registration form. Some restaurants may require us to make reservations ASAP!



Saturday, August 10, 10-12:00pm - Jane Petro, MD has organized a behind-the-scenes tour of the Drexel Legacy Center, the world's richest repository documenting the 170 year history of women MDs. Our tour will highlight materials illuminating the rich and inclusive stories of women navigating their place in medicine. The Center serves as the official repository of WIM's own archives. Evidence of lesbian physician lives is abundant in the archives among material from the Woman's Medical College of Pennsylvania founded in 1850, the American Medical Women's Association the first such national organization founded in 1915, and spectacular collections about such individuals as Mary Edwards Walker, Bertha Van Hoosen, and our own LeClair Bissell.

We look forward to welcoming you to Philly!
Deb Shapiro, MD
Conference Chair

UPCOMING 36th ANNUAL WIM CONFERENCE

The Bellevue Hotel Philadelphia, PA ~ August 8-11, 2019

Accommodations The Bellevue Hotel Philadelphia, PA

The Bellevue Hotel is a living landmark that embodies the style and revelry of Philadelphia's gilded days and entrepreneurial spirit and sophistication. Part history, part innovation, and always timeless, here guests discover distinctive architecture, inventive dining, and enjoy spacious hotel rooms. To make your reservations see the link below or call (800)233-1234, be sure to ask to be placed in the University of Vermont/Women in Medicine room block. The room rate is \$214 double occupancy and includes the Full American Breakfast Buffet for two. Space is limited, so please make your reservation early! Reservations must be made by July 17, 2019.

WIM Tour of Legacy Center

Saturday, August 10, 10-12:00pm - Join us for a behind-the-scenes tour of the Drexel Legacy Center, the world's richest repository documenting the 170 year history of women MDs. Our tour will highlight materials illuminating the rich and inclusive stories of women navigating their place in medicine. The Center serves as the official repository of WIM's own archives. Evidence of lesbian physician lives is abundant in the archives among material from the Woman's Medical College of Pennsylvania founded in 1850, the American Medical Women's Association the first such national organization founded in 1915, and spectacular collections about such individuals as Mary Edwards Walker, Bertha Van Hoosen, and our own LeClair Bissell. The tour will be limited to 60, so sign up in advance!!

Post-Conference Mentorship and Career Exploration Workshop for Gender and Sexual Minority Women

Sunday, August 11, 2019 9-11:00am - Patty Robertson will lead a post-conference mentoring and career exploration workshop for gender and sexual minority women medical students and residents. Medical students and residents will be welcome from all programs in the Philadelphia area. Topics will include whether or not apply to residency as "out", different specialties discussed

with WIM members, and coming out to family and friends.

Conference Fees

Physicians: \$800.00 (\$850 after July 1)
Partners: \$450.00 (\$500 after July 1)
Partners Non-Physician Credit Fee: \$100.00
Residents/Fellows: \$350.00
Students: \$100.00
10% Discount for First Time Physician Attendee
\$100 Discount for Signing up a New MD Registrant

Refund Information: In the event that you must cancel your registration for the conference, a \$75 administrative fee will be charged. No refunds are possible after July 15, 2019.

For the agenda and listed faculty, please visit the following websites: (womeninmedicine.org) or UVM (med.uvm.edu/cme).

If you have any questions, please email:
wim.doctors@gmail.com or
Karen.Whitcomb@med.uvm.edu

CME

In support of improving patient care, The Robert Larner College of Medicine at the University of Vermont is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Vermont designates this live activity for a maximum of 14 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity was planned by and for the healthcare team, and learners will receive 14 Interprofessional Continuing Education (IPCE) credits for learning and change.



Laughter Therapy by Shay Bintliff, MD

Aloha all and hope this past week has been a great one. If not, then blame it on the crazy politics and warming circling our globe Earth.

Let's start with some cute signs I saw this past week:

Teach your kids about taxes. Eat 30% of their ice cream cones.Respect your parents. They passed high school without Google.***Sign by a basket of eggs in the store. Boneless chicken..35c each.

... With no warning a husband says to his wife. "Honey, I've invited a friend home for dinner tonight." As expected, the wife is not happy. She says, "What? Are you insane? The house is a mess; I haven't gone shopping; the dishes are dirty; and I don't feel like cooking a fancy meal tonight!" The husband replies, "I know all that!" With an incredible look the wife says, "Why then, did you invite your friend for supper?" The husband sheepishly answers, "Because the poor fool is thinking about getting married!"

A few more about marriage from my happily married friend who loves to joke:

***I love being married! It is so great to find that special person you want to annoy for the rest of their life! ***In every good marriage it helps often to be a little deaf!

Now for some colorful sayings:

It's not whether you win or lose but how you place the blame.We have enough "youth"...how about a fountain of smart?***A fool and his money can throw one heck of a party!***Money isn't everything, but it sure keeps the kids in touch!..da best one

... An older woman sees a friend at the mall and says to her, "You're not going to believe this. I found an old lamp in my attic, rubbed it, and out popped a genie! The genie explained that they don't give three wishes anymore, but he did offer me a choice between one of two wishes. He could give me a better memory or turn my husband into the greatest lover." "Wow, tough choice", her friend says. "Which did you choose?" "That's the thing, I can't remember!!"

Have a great week folks...clean the community...do good deeds, and make a difference for someone you love!
Aloha...a hui hou

Graduation News!!!

Jane E. Lee at Texas Tech Paul L. Foster SOM graduated this year May 17, 2019 and was accepted for Internal Medicine Residency at UT Health San Antonio!



Archive Committee News!!!

WIM has an amazing history, well worth recounting and the Archives Committee of WIM hopes that you will consider contributing your own WIM memories and memorabilia to Drexel in the coming years. For more information you may contact Drexel: Archives@drexelmed.edu 215-991-8340. If you want to discuss your collection feel free to contact Dr. Jane Petro at drjpetro@aol.com or 914-671-0750.

FINANCIAL SUPPORT FOR WIM

Donations to WIM can be made all year long through our PayPal account at WomenInMedicine.org. You may also include donations when you register for the conference and lastly, you can send checks directly to WIM! You can specify your contributions to our general operations fund, academic scholarship fund, or for the support of our medical students to attend the conference. As many of you know, we have had a great increase in medical students and residents over recent years and this is thanks to the generosity of our members, so let's keep it going.

REMINDER: Any donations above \$1,501 makes you a "Legacy Donor" and entitles you to one free (non-transferable) tuition to the upcoming conference. Please email Karen.Whitcomb@uvm.edu and she can give you your discount code!

Send checks to: Women in Medicine, Inc.
P.O. Box 107
Colchester, VT 05446

If you would like to make an on-line donation, please visit our website for PayPal information:
WomenInMedicine.org