

A Women's Health Symposium

Women in Medicine 2012 marks the 29th annual retreat and CME conference for lesbian physicians, medical students and their partners. This annual gathering is a blend of education, camaraderie, networking and mentoring. The educational program is designed to present up-to-date information on a variety of pertinent medical topics related to women's health issues and lesbian health research. Breakout sessions for non-physician partners will also be conducted. This is the only medical conference where partners are not only invited to attend, but are also welcomed and encouraged to participate and learn from the high quality medical and non-CME presentations. We are proud to present a broad range of medical, ethical and social issues relevant to today's world.

In keeping with the retreat format, only registered physicians and their registered partners are invited to attend the conference. Children are invited to social functions as deemed appropriate.

Course Description

This event is historically geared toward lesbian physicians and their partners. It highlights women's health, including lesbian health. However, topics vary across a broad range of medical specialties, and are appropriate for both generalists and specialists. Speakers include nationally and internationally known experts in their fields.

Educational Objectives

Our Educational Objectives include:

1. Recognize the current state of medical education in relation to the treatment of LGBT patients and identify opportunities to improve it, thereby decreasing health care disparities.
2. Identify and treat pelvic pain of different etiologies with various modalities.
3. Diagnose vitamin D deficiency and understand its role and treatment in the context of other disease states.
4. Increase knowledge about osteoarthritis assessment and treatment in aging athletes.

New Participants

WIM welcomes new participants! If you are new to the conference, there are many opportunities to interact, from networking at meals (start by sitting with Board members who will be hosting tables on Sunday night) to the small group experiences and social functions. First time physician attendees receive a 10% discount. Attendees who sign up a new physician registrant receive a \$100 discount.

Small Groups

Small groups are a valuable part of the WIM experience. Throughout the conference, these sessions offer physicians and partners an intimate environment for in-depth discussion of a variety of professional and personal issues. This is a great venue for getting to know your colleagues. Don't miss them!

CME

The University of Vermont College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Vermont designates this live activity for a maximum of 16.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Includes 2.5 credits for optional workshop.*

Refund Information: In the event that you must cancel your registration for the conference, a \$75 administrative fee will be charged. **No refunds are possible after April 1, 2012.**

Special Needs: Please contact the University of Vermont Office of CME if you have any special needs. We will do our best to work with the Hotel to accommodate you. Dietary restrictions need to be arranged directly with the Hotel.

Additional Workshop Opportunity

Rewiring the Elusive Emotional Brain (EBT): This workshop is a unique integration of evolutionary biology, attachment theory and neuroplasticity. In this workshop, you will learn how to differentiate the circuits you are activating moment-to-moment throughout the day, identifying your brain state on a 5-Point Scale and the brain states of your friends and patients. You will learn about state-specific memory and techniques for re-encoding the circuits that trigger chronic stress and those that cause strong emotional drives for common excesses, such as overeating, distancing, merging and more. For each brain state there is a different technique to switch the brain to a state of balance and positive emotion. Participants can utilize this workshop for personal development, enhance patient communication or as a prelude for completing professional certification training in EBT. The program was developed at the University of California, San Francisco during the last 30 years and will be delivered by its founder, Laurel Mellin, Associate Professor of Family and Community Medicine. For more information (www.ebt.org) or laurel.mellin@ucsf.edu.

Child Care

Families with children are an important element of the WIM conference. This year, we are pleased to offer childcare from Nannies of the Valley. Children 2-12 will experience a safe, positive environment staffed by energetic and creative trained personnel. Both daytime and evening sessions will be available as long as we meet the **minimum of 9 children registered by February 24**. Please check the appropriate box on the conference registration form or contact the Nannies of the Valley directly at (707) 215-8095. You may also visit their website: www.nanniesofthevalley.net. Fees for the program are extra and require separate registration from the conference.

Note: Private infant and toddler care may also be obtained.

For More Information on WIM
WomenInMedicine.org



Return Service Requested

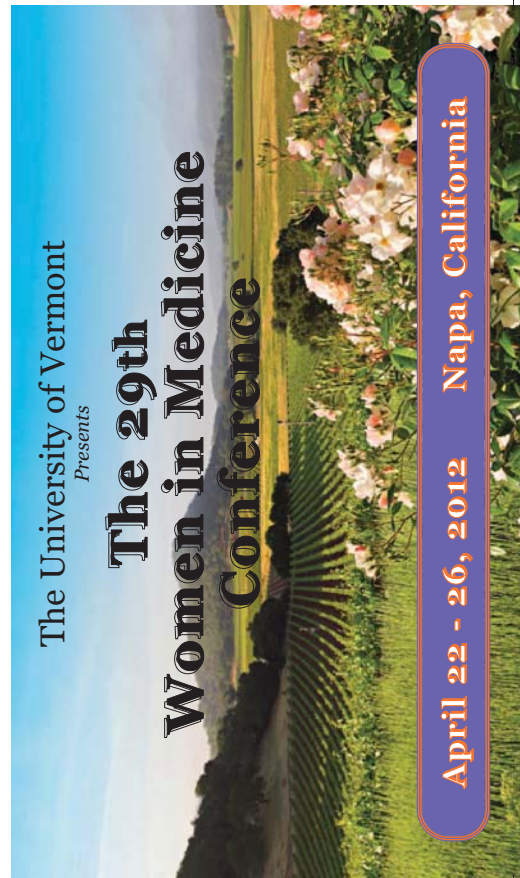


In Alliance with Fletcher Allen Health Care

128 Lakeside Avenue, Suite 100
Burlington, Vermont 05401



Women in Medicine
Napa, California
April 22-26, 2012



The University of Vermont
Presents

The 29th
Women in Medicine
Conference

April 22 - 26, 2012
Napa, California

Women in Medicine Announces Academic Scholarships for Medical Students

Academic Scholarships

Women in Medicine (WIM) will present two \$5,000 academic scholarships for female medical students enrolled in allopathic or osteopathic medical schools in the United States or Canada this year. The application is on the WIM website (www.womeninmedicine.org) and is due February 1, 2012. The scholarships will be presented at the WIM annual meeting in Napa, CA, April 22 – 26, 2012, with the expectation that the medical students will be present to receive their awards. Applicants should be in good academic standing, and have actively contributed/demonstrated leadership for the LGBT community.

Conference Scholarships

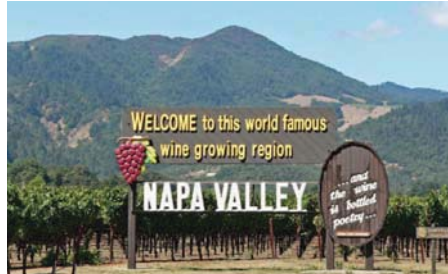
Medical students are encouraged to attend WIM for many reasons. Not only is the medical education relevant, but the network of personal and professional support at WIM is also an invaluable investment in a student's education, career and personal growth. WIM invites medical students to apply for scholarships to help defray the cost of attending this conference. Application may be made by calling or writing the University of Vermont Office of CME, 128 Lakeside Avenue, Suite 100, Burlington, VT 05401. Phone: (802) 656-2292; Fax: (802) 656-1925. Website: <http://cme.uvm.edu>.

The deadline for application is March 1, 2012.

Students: Often your Dean's Office has funding available for you to attend conferences. These funds may cover the cost of registration and travel.

As we've done in the past, we will once again organize a Mentoring Program for medical students. Our goal is to meet as many of the needs and requests of both students and mentors as possible, while providing a relaxed atmosphere. Anyone interested is invited to join!

Need-based assistance is available, on a limited basis, for others. Please contact Women in Medicine directly at WomenInMedicine.org.



Entertainment and Special Events

Opening Dinner/Introductions – This Sunday evening event is an opportunity to unwind from traveling and to enjoy the company of the other diverse, talented and accomplished women who attend WIM.

Music/Dancing – Come join us Monday evening to listen and perhaps kick-up your heels to our invited musical guest.

LHF Event – An Evening of Entertainment and Charity. Join in the fun on Tuesday and support this unique fund-raising event which enables the continued financial support for lesbian health research.

Closing Events – This special night on Wednesday is designed to provide both reflection and celebration.

- ◆ Graduations and Transitions – A special time to recognize the achievements of students, residents, and our colleagues.
- ◆ Talent Show/Karaoke – We'll end the evening with talent provided by our participants. This is sure to be a lively and fun evening for all as we punctuate another great WIM experience! We invite all those that have a special talent to share, to please sign-up on the registration panel.

Weather

Spring in the Napa Valley is full of the promises of pleasure to come. The air is fresh and fragrant with wild flowers, buds and blossoms. The mornings and evenings are crisp while the days offer pleasant temperatures and abundant sunshine 55/72 degrees. Always bring along a light jacket or sweater and remember your sunscreen!

Accommodations

This year's conference will be held at the beautiful Embassy Suites Napa Valley Hotel, both the perfect starting point for your Napa excursion and a resort-style destination where you'll be content to relax and rejuvenate. The Napa hotel is situated on seven acres of beautifully landscaped grounds featuring palm trees, California redwoods, rose gardens, and a mill pond graced by resident swans. You will be able to take advantage of spa services, outdoor and indoor swimming pools and complimentary access to a nearby health club. For a virtual tour of the property, please visit the website: www.napavalley.embassysuites.com.

A block of rooms have been reserved at the Embassy Suites. We recommend that you make your reservations early as this is a busy vacation time and accommodations are limited. The available room rate for this program is \$149, single or double occupancy per night. All rooms are beautiful two room suites. Reservations may be made directly with the resort by calling 707-253-0540. Be sure to indicate your participation with the Women in Medicine Conference. Rooms cannot be guaranteed after March 24, 2012.

Transportation

San Francisco Airport - across Golden Gate Bridge - Distance: Approx. 65 miles, 1.5 hours - Highway 101N to Highway 37 E. Exit at Sonoma/Napa. Turn left at the stoplight onto Highway 121 at Infonova Raceway. Highway 121 intersects with Highway 29. Turn left onto Highway 29N. Exit at First Street/Downtown Napa, veer right. Get in the far left lane. Make a left onto California Blvd. Hotel will be on the left side.

Sacramento Airport - Distance: Approx. 65 miles, 1.5 hours - Take I-5 South and connect to Highway 80W to Highway 12W. Continue on Highway 12 pass the Chardonnay Golf Club. Turn right at the 2nd stoplight onto Highway 29N. Exit at First Street/Downtown Napa, veer right, get in far left lane. Make a left onto California Blvd. Hotel will be on the left side.

Oakland Airport - Distance: Approx. 65 miles, 1.25 hours - Take Highway 880 North to 980 to I-80 East towards Vallejo. Exit Highway 37 West (Marine World Parkway). Take Highway 37 and turn right at Highway 20N. Exit at First Street/Downtown Napa, veer right. Get in the far left lane. Make a left onto California Blvd. Hotel will be on the left side.



Area Information & Leisure Time

Spring is always a great time of the year in Napa Valley. The air is fresh and sweet, the grapevines are bursting, and the trees are blooming bright colors of pink and yellow and white, and Napa Valley is reborn once again. If you have never been to Napa Valley, you owe yourself a treat. As you arrive in Napa, you will be awed by its pictorial scenery of cascading hills with beautiful perfect rows of grapevines. The landscape is second to none, and the beauty of the land continues to improve.

The Embassy Suites Hotel is located in the historic town of Napa, within minutes of Napa Valley's world-renowned wineries, restaurants, spas and specialty shopping. Fifty-five minutes from downtown San Francisco and blocks from COPIA: the American Center for Wine, Food and the Arts, and the Napa Valley Opera house. If you are traveling with children, there are many kid friendly activities such as Safari West, Old Faithful Geysers or the Napa Valley Wine Train.

Tuesday - Choose between one of two afternoon tours

WINE Tasting Tour: Transportation and a tour guide will be provided. Participants will visit Flora Springs, which is at the end of a country lane, over a covered bridge and tucked against the hills. Here you will taste the fruit of the vine while you watch the wonders of nature. Tour includes vineyard & cave tour, barrel tasting followed by their current release wine while overlooking their vineyard and the Napa Valley. The next stop will be Mumm-Napa, one of the best tasting experiences in America! You will stroll through their fine art photography gallery and taste their sparkling wine in the glass-enclosed tasting salon, or enjoy table service outside on the terrace - the views are spectacular! Total cost per person is \$85. Please register early, as space is limited.

di Rosa Gatehouse Gallery Tour: If wine tasting is not your thing, but you want to see the landscape of Napa Valley, this tour is for you! Transportation and a box lunch will be provided. Located in the Carneros Region of the Napa Valley, di Rosa's 200+ acres of landscaped grounds and open space offer the visitor refuge to view a broad range of the art of Northern California in a singularly unique setting. The property includes a 35-acre lake and wildlife preserve. Protected in perpetuity under the Napa County Land Trust, di Rosa is rich in flora and fauna, with open space that is home to a fascinating array of wildlife, native plants, and di Rosa's own peacocks. It is closed to the public on Tuesdays so this is a rare opportunity to enjoy this private tour, which will include your picnic lunch amongst the 150 year old olive trees, overlooking the Meadow. Total cost per person is \$65. Please register early, as space is limited.

Program Schedule

Sunday, April 22

- 9:00-6:00 **Registration**
- 9:30-12:00 **OPTIONAL WORKSHOP**
Limited to 12 participants (additional cost):
Rewiring the Elusive Emotional Brain (EBT)
Laurel Mellin, MA, RD
- 1:30-2:00 **Small Group Leaders Meeting**
- 1:30-6:00 **Children's Program**
- 1:30-2:00 **Welcome/Announcements**
Sheri Task, MD
- 2:00-5:00 **Plenary Sessions:**
- 2:00-3:00 **The Origins of Diversity of Sexual Orientation and Gender Identity**
Kate O'Hanlan, MD
- 3:00-4:00 **Perspectives on Medical Student Training to Care for LGBT People**
Stephanie Brennan, BS
Juno Obedin-Maliver, MD, MPH
- 4:00-5:00 **LGBT Equity & Advocacy at Hospitals & Medical Schools: An Update**
Shane Snouidon, MA
- 5:10-5:55 **Small Groups**
- 5:30-7:30 **Hotel Complimentary Beverage Reception**
- 6:00-9:00 **Opening Event & Dinner (included)**
- 7:15-9:15 **Child Care (optional)**

Monday, April 23

- 6:30-9:30 **Full Cook-to-Order Breakfast (included)**
- 7:30-8:30 **WIM Board Meeting**
- 8:15-5:30 **Children's Program**
- 8:30-11:40 **Plenary Sessions:**
- 8:30-9:30 **Critical Role of Families in Promoting Well-Being for LGBT Children & Youth**
Caitlin Ryan, PhD, ACSW

- 9:30-10:30 **Cornerstones of Wound Care**
Jean Huffman, MD
- 10:30-10:45 **Break**
- 10:45-11:45 **Concurrent Workshops - Session I**
- ◆ **Integrative Approaches to Pelvic Pain**
Alicia Cohen, MD
 - ◆ **How to Write: Overcoming the Fear of Publication**
Osteoarthritis in Aging Athletes
Nichole Barry, MD
 - ◆ **Patient Advocacy is Coming to Your Waiting Room...What is it?**
Betty Long, RN, MHA
- 12:00-1:00 **Lunch (provided)**
- 12:00-1:00 **Mentor-Mentee Lunch**
- 1:15-2:15 **Plenary Session:**
- 1:15-2:15 **Pain Medicine - More Than Just Prescribing a Pill**
Heather Rachel Davids, MD
- 2:30-3:10 **Concurrent Workshops - Session II**
- ◆ **Medical Student Panel**
TRANSitions in Surgery
Mindy Young-Spint, MD
 - ◆ **Contraception for Medically Complicated Women**
Colleen McNicholas, DO
 - ◆ **Disability Determination Under Social Security or "Will you Write me a Letter"**
Karmen Hopkins, MD
- 3:15-4:00 **Concurrent Workshops - Session III**
- ◆ **Being an Expert Witness: Tools and Techniques**
Jane Petro, MD; Bobbi Sternheim, Esq.
 - ◆ **The Immeasurable Joy from Longitudinal Relationships with Patients**
Patricia Robertson, MD; Debra Shapiro, MD; Joan Warmbrand, MD
 - ◆ **Addressing "Social Infertility": Best Practices in Alternative Insemination**
Liz Coolidge, MA, LMHC; Melinda Hooton, MD; Jennifer Potter, MD; Devon Ronan Quasha, MD, JD; Lula Townsend, BA
 - ◆ **Soular Wellness...The Path to Wellness**
Shay Bintliff, MD, FACEP
- 4:15-5:00 **Small Groups**
- 5:30-7:30 **Hotel Complimentary Beverage Reception**

- 6:00-7:00 **Dinner (on own)**
- 7:15-10:45 **Child Care (optional)**
- 7:30-10:30 **Social Event - Music and Dance**
- ### Tuesday, April 24
- 7:30-8:30 **WIM Board Meeting**
- 6:30-9:30 **Full Cook-to-Order Breakfast (included)**
- 8:15-12:45 **Children's Program**
- 8:30-11:45 **Plenary Sessions:**
- 8:30-9:30 **Common Sense Approach to Anemia**
Lisa Weissmann, MD
- 9:30-10:30 **Osteoporosis Update**
Carolyn Becker, MD
- 10:30-10:45 **Break**
- 10:45-11:45 **What Every Clinician Needs to Know About Fibroids**
Alison Jacoby, MD
- 11:45-12:30 **Small Groups**
- 12:30-2:30 **LHF Board Meeting/Lunch**
- 12:30-6:00 **Lunch (on own)/Free Afternoon**
- 1:00-5:00 **TOUR (additional cost)**
- 1:00-5:00 **Child Care (optional)**
- 5:00-6:30 **Dinner (on own)**
- 5:30-7:30 **Hotel Complimentary Beverage Reception**
- 6:15-9:15 **Child Care (optional)**
- 6:30-9:00 **LHF Event/Entertainment/Light Hors D'oeuvres**

Wednesday, April 25

- 6:30-9:30 **Full Cook-to-Order Breakfast (included)**
- 7:30-8:30 **Planning Meeting: WIM 2013**
- 8:15-12:15 **Children's Program**

- 8:30-9:15 **Concurrent Workshops - Session I**
- ◆ **Health Impacts of Intimate Partner Violence**
Dawn Marie Wadle, MD
 - ◆ **The Role of Vitamin D in Health & Disease**
Paula Amato, MD
 - ◆ **Examination of the Orthopedic Patient: Practical Tips**
Lesley Anderson, MD
 - ◆ **Facing Transition and Targeting Success - What Stops You?**
Carolyn Becker, MD; Barbara Russo, BA
- 9:20-10:05 **Concurrent Workshops - Session II**
- ◆ **Kids Speak**
Sheri Task, MD
 - ◆ **Breast Reconstruction**
Leah Kelley, MD
 - ◆ **AMWA & AWHWS Approach Centennials**
Laurel Waters, MD
 - ◆ **The Social and Personal Construction of Motherhood**
Robin Brennan, DrPh
- 10:10-10:50 **Small Groups**
- 11:00-12:00 **Plenary Session:**
- 11:00-12:00 **Addiction in Physicians and Medical Students**
Penny Ziegler, MD
- 12:00-6:00 **Lunch (on own)/Free Afternoon**
- 1:00-5:00 **Child Care (optional)**
- 5:30-7:30 **Hotel Complimentary Beverage Reception**
- 6:00-7:00 **Dinner (included)**
- 7:15-10:45 **Child Care (optional)**
- 7:30-10:30 **Closing Events**
◆ **Graduations/Transitions**
◆ **Talent Show/Karaoke**

Thursday, April 26

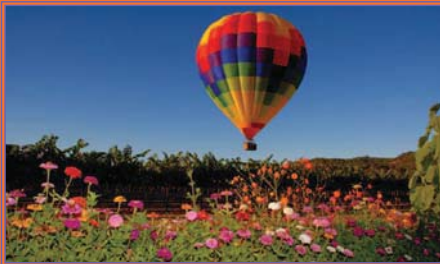
- 6:30-9:30 **Full Cook-to-Order Breakfast (included)**
- 8:30-9:30 **General Meeting**
- 10:00 **Adjourn**

Planning Committee

Jennifer Chaffin, MD, Program Co-Chair
Michelle Mertz, MD, Program Co-Chair
Sheri Task, MD, WIM President

Faculty

Paula Amato, MD	Juno Obedin-Maliver, MD, MPH
Lesley Anderson, MD	Kate O'Hanlan, MD
Nichole Barry, MD	Jane Petro, MD
Carolyn Becker, MD	Jennifer Potter, MD
Shay Bintliff, MD, FACEP	Devon Ronan Quasha, MD, JD
Stephanie Brenman, BS	Patricia Robertson, MD
Robin Brennan, DrPh	Barbara Russo, BA
Alicia Cohen, MD	Caitlin Ryan, PhD, ACSW
Liz Coolidge, MA, LMHC	Debra Shapiro, MD
Heather Rachel Davids, MD	Shane Snowdon, MA
Melinda Hooton, MD	Bobbi Sternheim, Esq.
Karmen Hopkins, MD	Sheri Task, MD
Joan Huffman, MD	Lula Townsend, BA
Alison Jacoby, MD	Dawn Marie Wadle, MD
Leah Kelley, MD	Laurel Waters, MD
Betty Long, RN, MHA	Lisa Weissmann, MD
Colleen McNicholas, DO	Joan Wurmbbrand, MD
Laurel Mellin, MA, RD	Mindy Young-Spint, MD
	Penelope Ziegler, MD



Registration Form

First: _____ MI: _____ Last: _____

MD DO Student Specialty: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (H) _____ (W) _____

E-mail: _____

Initials _____ Last 4 digits of your SSN# _____

(For CME tracking purposes only)

Please check here if first-time attendee:

May the Welcoming Committee contact you? Yes No

Please indicate the number of your Small Group choices in order of preference (see insert for topics):

Choice 1: _____ Choice 2: _____ Choice 3: _____

Would you like to be a small group leader? Yes No



If you plan to purchase a hooded windbreaker, designed especially for WIM 2012, what size(s) would you like?

_____ S _____ M _____ L _____ XL _____ XXL

Children's Program (register by 2/24/12)

Are you interested in the Nannies of the Valley Program? Yes No

Name(s)/Age(s) of children attending:

_____ Age _____

_____ Age _____

_____ Age _____

Partner Information

Partner's Name: _____

MD DO RN NP PA Other _____

Profession: _____

Partner's Address (if different from registrant): _____

Phone: (H) _____ (W) _____

Email: _____

Will you require CME Credit (AMA Category 1 or Nursing)? (Partner Only): Yes No Additional fee applies

If require CME/CEU's, please complete below:

Initials _____ Last 4 digits of your SSN# _____

(For CME tracking purposes only)

Please check here if first-time attendee:

May the Welcoming Committee contact you? Yes No

Please indicate the number of your Small Group choices in order of preference (see insert for topics):

Choice 1: _____ Choice 2: _____ Choice 3: _____

Would you like to be a small group leader? Yes No

Talent Show

WIM is hosting our very own Talent Show on Wednesday evening!!

Do you or your partner have a talent to share? Yes No

If yes, please describe: _____

Registration Deadline: March 15, 2012

Registration Summary

<input type="checkbox"/> Physicians	\$495.00 (\$550 after March 1)	\$ _____
<input type="checkbox"/> Partners	\$350.00 (\$400 after March 1)	\$ _____
<input type="checkbox"/> Partners	\$ 75.00 Nursing Credit Fee	\$ _____
<input type="checkbox"/> Residents	\$150.00	\$ _____
<input type="checkbox"/> Students	\$ 50.00	\$ _____
<input type="checkbox"/> Optional EBT Workshop	# _____ x \$100	\$ _____
<input type="checkbox"/> 10% Discount for First Time Physician Attendee		\$ _____
<input type="checkbox"/> \$100 Discount for Signing up a New MD Registrant*		\$ _____
<input type="checkbox"/> Scholarship Donation		\$ _____
<input type="checkbox"/> Wine Tour	# _____ x \$85	\$ _____
<input type="checkbox"/> Di Rosa Museum/box lunch	# _____ x \$65	\$ _____

(Only one discount per registration.)

Total Amount Due \$ _____

*New Physician Registrant Name: _____

Medical Student Academic & Conference Scholarships are Available

Please also check with your Dean's Office for additional funding.

Limited need-based assistance available for others. Please contact:

WomenInMedicine.org or email wimdoctors@gmail.com

Payment Method

Check (payable to University of Vermont)
 Visa MasterCard AmEx

Credit Card # _____ Expiration _____

Name as it appears on the Card: (please print) _____

Please provide billing address if different from above: _____

Mail to: UVM, Continuing Medical Education
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Phone: (802) 656-2292 **Fax:** (802) 656-1925
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