## **Medical Students**

Medical students are encouraged to attend WIM for many reasons. Not only is the medical education relevant, but the network of personal and professional support at WIM is also an invaluable investment in a student's education, career, and personal growth. WIM invites medical students to apply for scholarships to help defray the cost of attending this conference. Application may be made by calling or writing the University of Vermont Office of CME, 128 Lakeside Avenue, Suite 100, Burlington, VT 05401. Phone: (802) 656-2292; Fax: (802) 656-1925. Website: http://cme.uvm.edu.

#### The deadline for application is March 31, 2010.

**Students: Often your Dean's Office has funding available** for you to attend conferences. These funds may cover the cost of registration and travel.

As we've done in the past, we will once again organize a Mentoring Program for medical students. Our goal is to meet as many of the needs and requests of both students and mentors as possible, while providing a relaxed atmosphere. Anyone interested is invited to join!

## **Scholarships**

Scholarships are available for medical students. Need-based assistance is available, on a limited basis, for others. Please contact Women in Medicine directly at <u>WomenInMedicine.org</u>.





#### **Entertainment and Special Events**

**Opening Introductions** – This Wednesday evening event is the traditional kick-off to each WIM conference. Through a night of informal introductions, each participant will hear from other diverse, talented, and accomplished women who attend WIM. A brief history of WIM will also be presented.

LHF Event – An Evening of Entertainment and Charity. Join in the fun on Thursday and support this unique fund-raising event which enables the continued financial support for lesbian health research.

**S'mores and Hot Chocolate – Save room after dinner on** Friday for a special treat by the blazing barbecue pit!

**Bingo Anyone?** – Following S'mores and hot chocolate, come inside and warm up with a frolicking evening of fun with a high-spirited game of Bingo!

**Closing Events** – This special night on Saturday is designed to provide both reflection and celebration.

- **Graduations and Transitions A special time to recog**nize the achievements of students, residents, and our colleagues.
- Medical Jeopardy We'll end the evening testing your skills with questions from the academic to the silly. All are encouraged to participate as we punctuate another great WIM experience!

#### Weather

Few places on earth boast a climate of such great variety as that which graces the Sierra – except perhaps in the probability of sunny days. At an elevation of 6,200 feet, the outside temperatures often belie the sun's intensity. Average temperatures range from 60-65 daytime to 32 to 38 degrees at night. Dressing in layers is recommended. Always bring along a light jacket or sweater and remember your sunscreen!

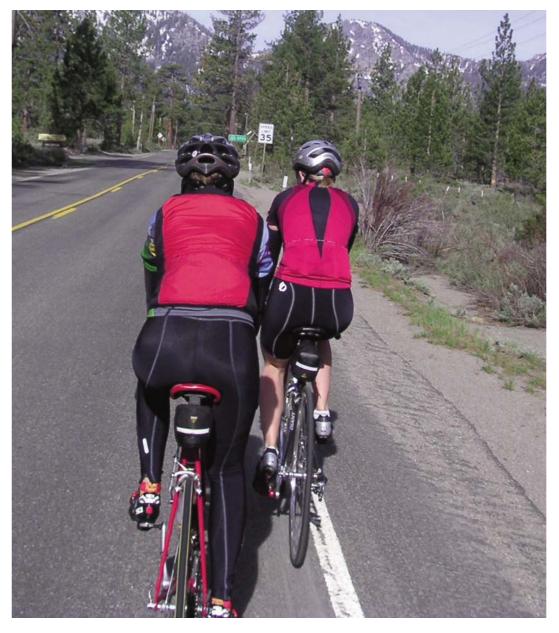
# Accommodations

This year's conference will be held at the beautiful Resort at Squaw Creek, high in the majestic alpine environment of the Sierra Nevada Mountains and minutes from the renowned Lake Tahoe. Resort style rooms and suites offer gorgeous views of the six peaks of Squaw Valley and the forest below. Heated outdoor pools and one of California's premier health and fitness spas are located on site. For a virtual tour of the property, visit www.squawcreek.com.

A select block of rooms with reduced rates has been reserved for WIM conference registrants. Room rates include breakfast and dinner (buffet style) each day. Special dietary needs should be communicated to the Resort directly.

The Resort at Squaw Creek hotel reservation form will be sent to you upon registration for the conference. You may mail, fax or email your form to the Resort. No telephone reservations will be accepted. A required reduction in our room block will take place on March 15th and again on April 9th. To ensure room choice and availability, please make your room reservations as soon as possible. Because Squaw Creek is a destination resort, you will want to stay on property – don't be shut out!

### Transportation



The Resort at Squaw Creek sits at the base of Squaw Valley, site of the 1960 winter Olympics. It is easily accessible along I-80 from Reno, NV and Sacramento, CA.

> **Approximately 170 daily** flights to the Reno/Tahoe **International Airport** originate from 50 North American cities. The **Resort is a scenic 45** minute drive from the **Reno Airport. Squaw Creek Transportation** Service is available to all guests at individual or group rates. For Rates and Reservations, please call 866-909-RIDE.

**Note: To arrange for** shared rides to **Šquaw** Valley or for shared rooms at the Resort,

please visit the Women in Medicine website at www.WomenInMedicine.org. Click on the link labeled "Shared Rides and Rooms Request" and follow the easy instructions.



## **Area Information & Leisure Time**

The Squaw Valley/Lake Tahoe region offers a diverse range of activities as the area transforms from a winter wonderland to springtime meadows of vibrant wildflowers. Hailed as "The Most Beautiful Drive in America," the Lake Tahoe Basin has many natural and man-made wonders within its borders. A pleasant 72-mile mountain drive around the lake affords breathtaking views, fascinating side trips and historical points of interest. Whether active or passive, the main attraction of this incredible area continues to be the quiet beauty of the Sierra and the timeless inspiration of the lake itself.

Easy and affordable bus service is available to Tahoe City and a free shuttle from the Resort to the adjacent Village at Squaw Valley provides for unique shopping and sight-seeing experiences. Originating at the Resort, a spectacular six mile bike path to Tahoe City meanders along the Truckee River. Hiking, kayaking, white water rafting, fly fishing and horseback riding round out the recreational possibilities in the area.

Each morning of the conference, a Sunrise Yoga class will be conducted from 6:30 to 7:15. This invigorating yoga practice utilizes Ashtanga, İyengar and Anusara methods. Class size is limited to 20 participants. The cost is \$20 per person, payable at the time of the class.

A guided hike of Shirley Canyon will take place on Saturday afternoon from 1:30 to 5:30 (total duration including transportation). The trail begins at the base of Squaw Valley and climbs 2,000 feet to Shirley Lake. Transportation to and from the trailhead, water and energy bars are included. All ages are welcome to participate in this intermediate level hike. The cost is \$30 per person, payable at the time of the hike. Please indicate your interest on the registration form.

## **A Women's Health Symposium**

Women in Medicine 2010 marks the 27<sup>th</sup> annual retreat and **CME conference for lesbian physicians, medical students** and their partners. This annual gathering is a blend of education, camaraderie, networking and mentoring. The educational program is designed to address up-to-date information on a variety of pertinent medical topics related to women's health issues and lesbian health research. Breakout sessions for non-physician partners will also be conducted. This is the only medical conference where partners are not only invited to attend, but are also welcomed and encouraged to participate and learn from the high quality medical and non-CME presentations. We are proud to present a broad range of medical, ethical, and social issues relevant to today's world.

In keeping with the retreat format, only registered physicians and their registered partners are invited to attend the conference. Children are invited to social functions as appropriate.

#### **Course Description**

This event is open to all lesbian physicians and their partners. It is intended to be a multidisciplinary review of women's health, with a specific emphasis on lesbian health. Topics vary across a broad range of medical specialties, and are appropriate for both generalists and specialists. Speakers include nationally and internationally known experts in their respective fields.

## **Educational Objectives**

**Our Educational Objectives include:** 

- **Become familiar with emerging research and best** practices in lesbian health.
- **Discuss the clinical and ethical implications of the** 2. use of stem cells to treat a variety of diagnoses.
- Understand the potential environmental impacts 3. on reproductive health.
- Learn how to use statins in a clinical setting.
- Learn how to incorporate an early workup for autism into clinical practice.
- Understand the epidemiology, evaluation, and **6**. diagnosis of skin cancer.

#### **New Participants & New Recruits**

WIM welcomes new participants! If you are new to the conference, there are many opportunities to interact, from networking at meals to the small group experiences and social functions. First time attendees receive a 10% discount. Attendees who recruit a new registrant receive a **\$100 discount.** 

## CME

The University of Vermont College of Medicine is accredited by the Accreditation Council for Continuing Medical education to provide continuing medical education for physicians.

The University of Vermont designates this educational activity for a maximum of 13 AMA PRA Category 1 Credits<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Refund Information: In the event that you must cancel** your registration in the conference, a \$75 administrative fee will be charged. <u>No refunds are possible after April 30</u>.

**Special Needs: Please contact the University of Vermont Office of CME if you have any special needs.** We will do our best to work with the Resort to accommodate you. Dietary restrictions need to be arranged directly with the Resort.

## **Small Groups**

Small groups are an <u>incredibly important</u> part of the WIM experience. Throughout the conference, these sessions offer physicians and partners an intimate environment for in-depth discussion of a variety of professional and personal issues. This is a great venue for getting to know your colleagues. Don't miss them!

# **Child Care**

Families with children are an important element of the WIM conference. This year, we are extremely pleased to offer the Resort's own high altitude adventure activity camp -Mountain Buddies. Children 4-12 will experience a safe positive environment staffed by energetic and creative trained personnel. Adventures include hiking, biking, tennis, swimming (if appropriate), movies, arts and crafts. Both daytime and evening sessions are available. Please check the appropriate box on the conference registration form or contact the Mountain Buddies program directly at 530-583-6300. Fees for the Mountain Buddies program are extra and require separate registration from the conference.

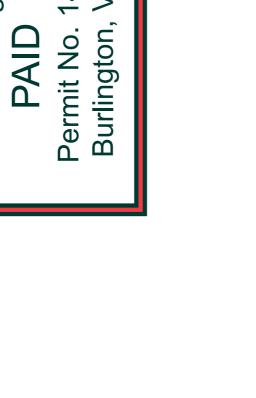
*Note: Infant and toddler arrangements are pending.* 

For More Information on WIM WomenInMedicine.org **Log-on Regularly for Updates!** 



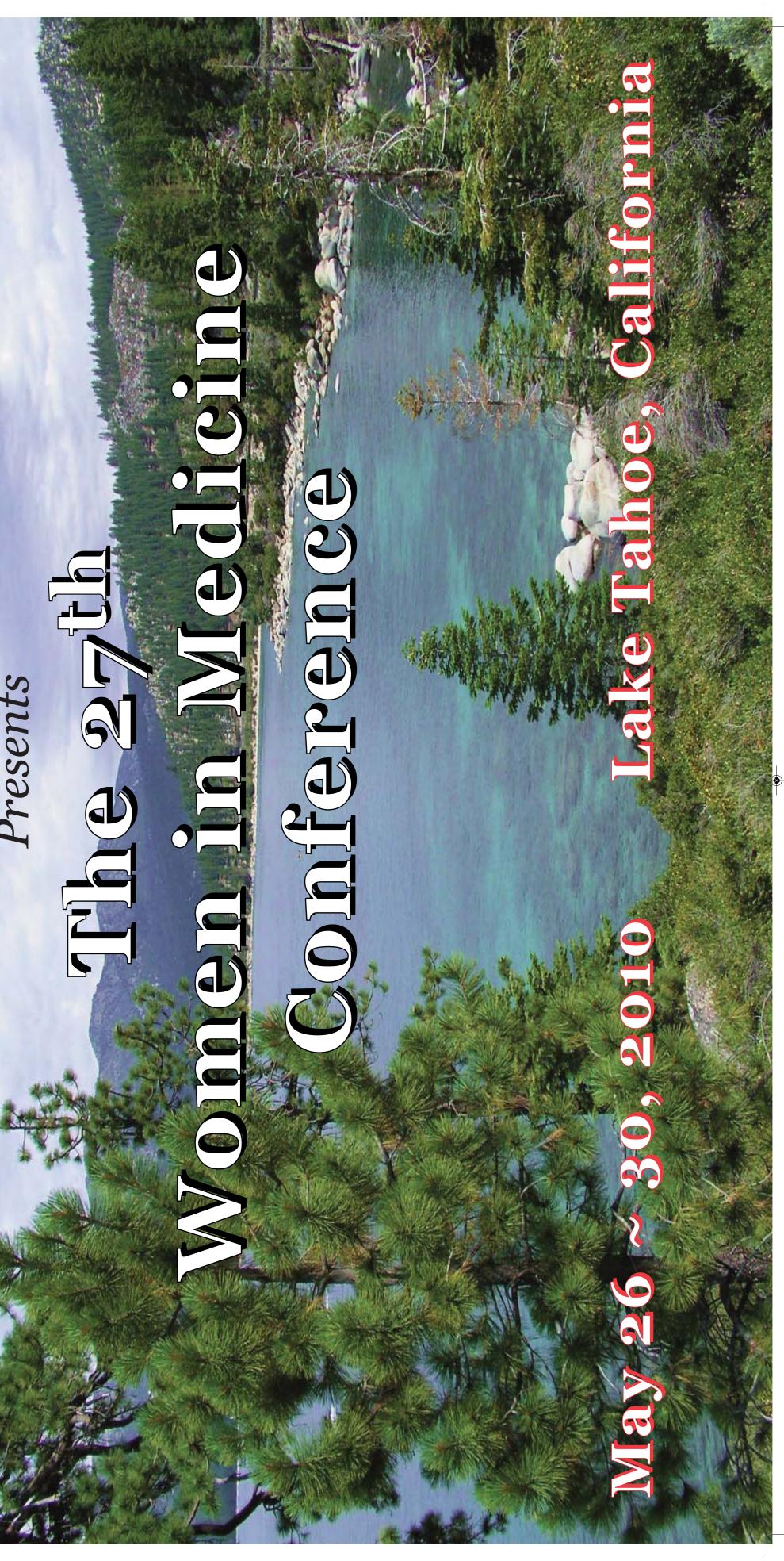
Bu

Tah ake



California

erm of versity D



#### Program Schedule

#### Wednesday, May 26

12:00-7:00	Registration
2:00-2:30	<b>Small Group Leaders Meeting</b>
2:00-6:00	Children's Program
2:30-3:00	Welcome /Announcements Elizabeth Tillman, MD
3:00-5:00	Plenary Sessions:
3:00-4:00	Stem Cell Update <i>Diane Krause, MD, PhD</i>
4:00-5:00	Hypertension in Women: What Do We Know? <i>Pamela Charney, MD</i>
5:10-5:55	Small Groups
6:00-7:00	Dinner
7:15-9:45	Child Care (optional)

**Opening Event WIM Herstory - Introductions** 7:30-9:30

#### Thursday, May 27

6:30-7:15	Sunrise Yoga
7:30-8:30	WIM Board Meeting
7:30-8:30	Breakfast
8:15-12:45	Children's Program
8:30-11:40	Plenary Sessions:
8:30-9:30	Early Screening and Diagnosis of Autism <i>Sufen Chiu, MD, PhD</i>
9:30-10:30	<b>Reactive Attachment Disorder</b> <i>Deborah Higer, MD</i>
10:30-10:45	Break
10:45-11:40	Statins: The Good, The Bad, The Ugly; A Critical Review of Their Efficacy and Safety <i>Cindy Ripsin, MS, MPH, MD</i>

11:30-3:00	LHF Board Meeting/Lunch	1:15-2:
11:45-12:30	Small Groups	
12:30-6:00	Lunch (on own)/Free Afternoon	0.00 0
1:00-10:30	Child Care (optional)	2:30-3
6:00-7:00	Dinner	
7:15-10:15	LHF Event/Entertainment	
Friday, N		
6:30-7:15	Sunrise Yoga	
7:30-8:30	WIM Board Meeting	0.15 4.
7:30-8:30	Breakfast	3:15-4:
8:15-5:15	Children's Program	
8:30-10:30	Plenary Sessions:	
8:30-9:30	<i>LeClair Bissell Memorial Lecture:</i> Cat Meets Owl: Re-Igniting the Spark of Curiosity Through the Art of Observation <i>Cara Calvelli, MD</i>	
9:30-10:30	HIV - What's New? <i>Donna DeFreitas, MD, MPH</i>	4:15-5:
10:30-10:45	Break	6:00-7
10:45-11:45	<b>Concurrent Workshops - Session I</b>	7:00-10
•	Wii Habilitation: Therapeutic Use of the Nintendo Wii with the Geriatric Patient	7:00-8
	Caroline Breeding, MA, MS Environmental Impact on Reproductive	8:00-1
•	Health Paula Amato, MD	Satu
•	Lesbian Health Fund Presentation: Updates on Recently Completed Lesbian Health	6:30-7
•	Research Psychotropic Medications for Children and	7:30-8
	Adolescents Sufen Chiu, MD, PhD	7:30-8
12:00-1:00	Lunch (provided)	8:15-12
12:00-1:00	Mentor-Mentee Lunch	

5-2:15	Plenary Session:	8:30-9:15	<b>Concurrent Workshops - Session I</b>
	The Mammographic Guidelines and the Firestorm They Cause	•	Lesbian Health 101
	Susan Love, MD, MBA		<i>Patricia Robertson, MD</i> Mouths Matter: Oral Health in Pediatric
30-3:10	<b>Concurrent Workshops - Session II</b>		Primary Care Lynn Hunt, MD
•	Total Laparoscopic Hysterectomy: How to Perform with Minimal Complications: Part I	•	Palliative Surgery and the Pediatric Population: New Limits to Pursue
•	Kate O'Hanlan, MD How Shall I Live on the Path to Wellness? Shay Bintliff, MD	•	<i>Mindy Young-Spint, MD</i> Electrocautery - TBD
•	Reality-Tested Techniques for Making Your Institution More LGBT-Inclusive Shane Snowdon	9:20-10:05	<b>Concurrent Workshops - Session II</b>
•	Skin Cancer: Epidemiology, Workup, and	•	<b>Exercise Prescription for the Older Adult</b>
	Essentials of Management		<i>Elizabeth Abram, MS</i> Communication at End-of-Life
5-4:00	<b>Concurrent Workshops - Session III</b>		Karen Chandler, MD
•	Total Laparoscopic Hysterectomy: How to	•	D-H Regional Primary Care Centers: Usage of NCQA for Implementation of the Medical
•	<b>Perform with Minimal Complications: Part II</b>		Home Model
٠	Kate O'Hanlan, MD Emotional Brain Training		Deana Petersen, MD, MA, MPH Mystery Syndromes: A Nutritional Approach
•	Patricia Robertson, MD	·	Georgia Ede, MD
•	Update in Orthopedics: What's Hot, What's Not Lesley Anderson, MD	10:10-10:50	Small Groups
•	Sildenafil: A Case Study in Pharmaceutical	<u> </u>	
	Policy and History Jennifer Carnahan, MD, MA, MPH	11:00-12:00	<b>Plenary Session:</b> <b>Perspectives on the Lesbian Medical Student</b>
			<b>Experience - A Panel Discussion</b>
5-5:00	Small Groups		Amanda Yeaton-Massey, BA
00-7:00	Dinner	12:00-6:00	Lunch (on own)/Free Afternoon
00-10:15	Child Care (optional)	1:00-6:00	Child Care (optional)
00-8:00	S'mores	6:00-7:00	Dinner
00-10:00	Bingo	7:15-10:45	Child Care (optional)
aturday,	May 29	7:30-10:30	Closing Events Graduations/Transitions
30-7:15	Sunrise Yoga		Medical Jeopardy
0-8:30	Planning Meeting: WIM 2011	Sunday,	May 30
30-8:30	Breakfast	7:30-8:30	Breakfast
5-12:15	Children's Program	8:30-9:30	General Meeting
		10:00	Adjourn
	<b>Course # 10-801-54</b>		

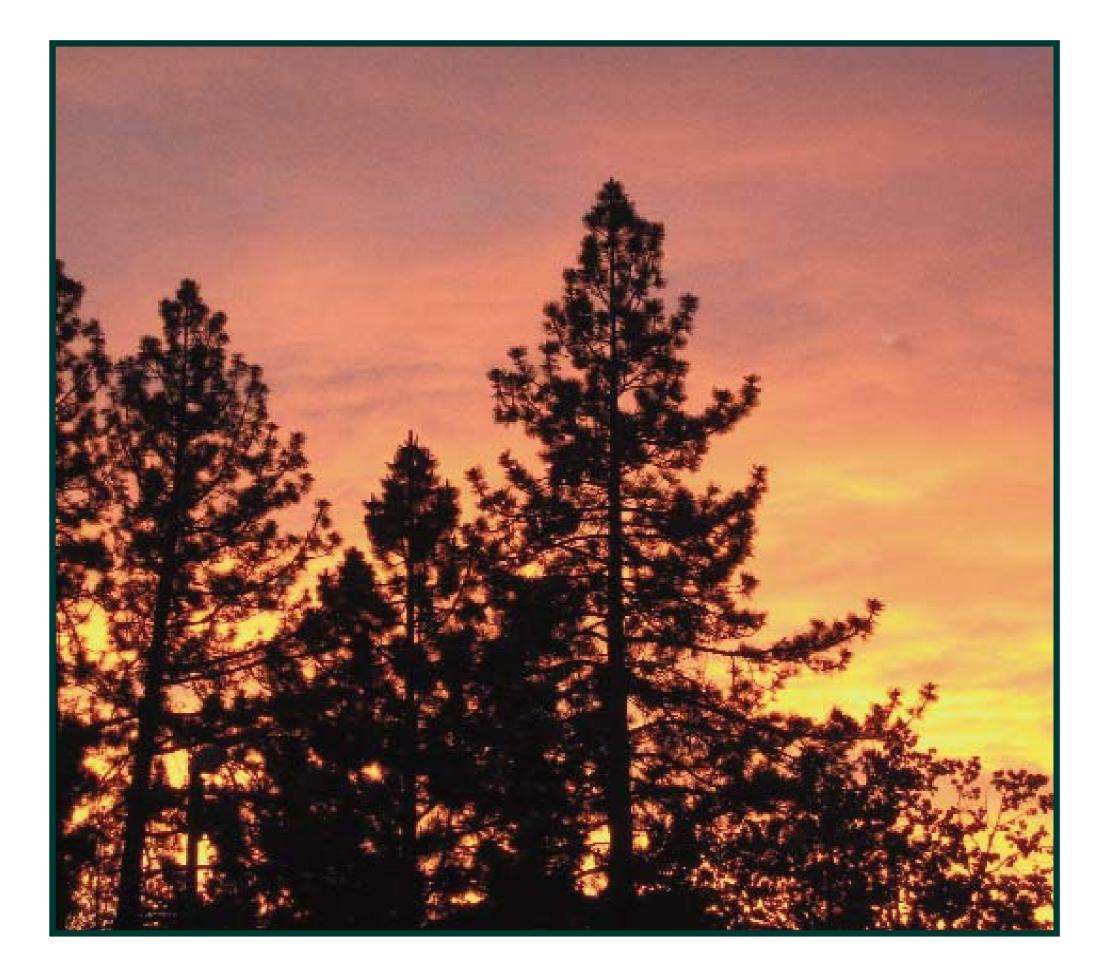
## **Program Chair**

Sheri Task, MD

#### Faculty

Elizabeth Abram, MS Paula Amato, MD Lesley Anderson, MD Shay Bintliff, MD **Caroline Breeding, MA, MS** Cara Calvelli, MD Jennifer Carnahan, MD, MA, MPH Cindy Ripsin, MS, MPH, MD Karen Chandler, MD Pamela Charney, MD Sufen Chiu, MD, PhD **Donna DeFreitas, MD, MPH** Georgia Ede, MD

Deborah Higer, MD Lynn Hunt, MD Diane Krause, MD, PhD Susan Love, MD, MBA Kate O'Hanlan, MD Daena Petersen, MD, MA, MPH Patricia Robertson, MD Shane Snowdon Amanda Yeaton-Massey, BA Mindy Young-Spint, MD



<b>Registration Form</b>	<b>Partner Information</b>	<b>Registration Summary</b>
First: MI: Last:	Partner's Name:	Physicians \$495.00 (\$550 after March 15) \$
□ MD □ DO □ Student Specialty:	$\square$ MD $\square$ DO $\square$ RN $\square$ NP $\square$ PA $\square$ Other	<ul> <li>Partners \$350.00 (\$400 after March 15) \$</li> <li>Partners \$75.00 Nursing Credit Fee \$</li> </ul>
Address:		□ Residents \$150.00 \$
City: State: Zip:	Profession: Partner's Address (if different from registrant):	<ul> <li>Students* \$ 50.00</li> <li>10% Discount for first time attendees</li> <li>\$ 100 New Recruit Discount*</li> <li>\$</li> </ul>
Phone: (H) (W)	$\frac{1}{\text{Dhonot}(\mathbf{H})}$	□ Scholarship Donation \$
E-mail:	Phone: (H)(W)         Email:	Total Amount Due \$
Initials Last 4 digits of your SSN#	Will you require CME Credit (AMA Category 1 or Nursing)? (Partner Only): Yes   No   Additional fee applies	I/we're interested: □ Guided Hike # □ Yoga Class #
(For CME tracking purposes only)	If require CME/CEU's, please complete below:	*New Recruit Name:
Please check here if first-time attendee: 🛛	Initials Last 4 digits of your SSN#	
May the Welcoming Committee contact you? Yes $\Box$ No $\Box$ Please indicate the number of your Small Group choices in order of preference (see insert for topics): Choice 1: Choice 2: Choice 3:	<ul> <li>(For CME tracking purposes only)</li> <li>Please check here if first-time attendee: <ul> <li>May the Welcoming Committee contact you? Yes</li> <li>No</li> </ul> </li> <li>Please indicate the number of your Small Group choices in order of</li> </ul>	<ul> <li>*Medical Student Scholarships available (lodging only)</li> <li>Please send application.</li> <li>Please also check with your Dean's Office for additional funding.</li> <li>Limited need-based assistance available for others. Contact:</li> <li>www.WomenInMedicine.org</li> </ul>
Would you like to be a small group leader? Yes D No D If you plan to purchase a warm, cozy fleece jacket, designed especially for WIM 2010, what size(s) would you like?	preference (see insert for topics): Choice 1: Choice 2: Choice 3: Would you like to be a small group leader? Yes □ No □	<ul> <li>Payment Method</li> <li>Check (payable University of Vermont)</li> <li>Visa  MasterCard  AmEx</li> </ul>
SN L XXL	<b>Children's Program</b> Are you interested in the Mountain Buddies Program? Yes $\Box$ No $\Box$ Infant & Toddler Care? (Ages 3 and under) Yes $\Box$ No $\Box$	Credit Card # Expiration Name as it appears on the Card:
	Name(s)/Age of children attending:   Age   Age   Age    Registration Deadline: April 30, 2010	Please provide billing address if different from above: Mail to: UVM, Continuing Medical Education 128 Lakeside Avenue, Suite 100 Burlington, VT 05401 Phone: (802) 656-2292 Fax: (802) 656-1925 On-line: http://cme.uvm.edu

|\_\_\_\_