

LGBT Leadership Scholarships

Women in Medicine (WIM) will present four \$5,000 Leadership Scholarships for LGBT female medical students enrolled in allopathic or osteopathic medical schools in the United States or Canada this year. The application and guidelines are located on the WIM website, WomenInMedicine.org, and is due April 15, 2016. The scholarships will be presented at the WIM annual meeting in Bloomingdale, IL, with the expectation that the medical students will be present to receive their awards. Applicants should be in good academic standing, and have actively contributed/demonstrated leadership for the LGBT community.

Conference Scholarships

Medical students are encouraged to attend WIM for many reasons. Not only is the medical education relevant, but the network of personal and professional support at WIM is also an invaluable investment in a student's education, career and personal growth. WIM invites medical students to apply for scholarships to help defray the cost of attending this conference. The application may be located on the WomenInMedicine.org website or you may call the University of Vermont Office of CME at (802)656-2292 for more information.

The deadline for conference support is June 15, 2016.

Students: Often your Dean's Office has funding available for you to attend conferences. These funds may cover the cost of registration and travel. We are also including research poster presentations, if you are interested; please contact the CME office at (802)656-2292 for more information.

As we've done in the past, we will once again organize a Mentoring Program for medical students. Our goal is to meet as many of the needs and requests of both students and mentors as possible, while providing a relaxed atmosphere. Anyone interested is invited to join! Need-based assistance is available, on a limited basis, for others. Please contact Women in Medicine directly at wim.doctors@gmail.com.



Entertainment and Special Events

Opening Dinner/Introductions – This Wednesday evening event is an opportunity to unwind from traveling and to enjoy the company of the other diverse, talented and accomplished women who attend WIM.

LHF Event – An evening of entertainment and charity. Join in the fun on Thursday and support this unique fund-raising event which enables the continued financial support for lesbian health research.

Closing Events – This special night on Saturday is designed to provide both reflection and celebration.

- ◆ Dinner
- ◆ Graduations and Transitions – A special time to recognize the achievements of students, residents, and our colleagues.
- ◆ Music by the Artemis Singers!



Weather

Summer temperatures ranging from the mid-70s to the mid-80s. However, the city sometimes experiences heat waves, resulting in triple-digit temperatures and heavy humidity, while nighttime breezes from Lake Michigan can make the later hours feel significantly cooler. Also, expect to encounter some rain in August. Bring a jacket, umbrella and sunscreen!

Accommodations

This year's conference will be held at the beautiful Hilton Chicago/Indian Lakes Resort, set just 30 minutes from downtown Chicago and O'Hare International Airport; it offers everything you need for a relaxing retreat featuring: five restaurants and bars located on the premises, the Resolution Spa and Wellness Center, 27-hole golf course, hiking, mini-golf, indoor and outdoor pool, and more!

A block of rooms has been reserved at the Hilton Chicago/Indian Lakes Resort. We recommend that you make your reservations early as this is a busy time & accommodations are limited. The available room rate for this program is \$149, single or double occupancy per night until July 2, 2016.



Reservations may be made by calling the hotel directly at (800)334-3417 or (830)529-0200. Be sure to indicate your participation with the Women in Medicine Conference.

Transportation/Directions

Chicago-O'Hare International Airport - DIRECTIONS - 294 South to 294 West; take 290 West to Joliet/Rt.20-Lake St.-Exit 7. Right on Lake St. to Bloomingdale Rd. Left on Bloomingdale and go to the first light. Right on Schick Rd. and the hotel is on the left side, south side of Schick Rd. Estimated Drive Time: 30 minutes.

Chicago Midway Airport – DIRECTIONS - Cicero North to 55 South. 55 South to 355 North. 355 North to Army Trail Rd. Left-Army Trail Rd. and 3 miles to Bloomingdale Rd. Right on Bloomingdale Rd. to Schick Rd. Left on Schick Rd. and the hotel is on the left. Estimated Drive Time: 45 minutes.

Other Options and Typical Charges:
Limousine – shared \$25/private \$60
Taxi \$40-\$80

Area Information & Leisure Time

Largest city in Illinois; located on Lake Michigan. Chicago is known for its thriving arts scene, various shopping districts and a cornucopia of eateries. First-time Windy City visitors are sure to have their eyes to the sky for at least a day or two. Chicago's skyscrapers and public art is absolutely worth admiring: Tag along on a Chicago Architecture Tour or pass a few hours in Millennium Park and you'll find yourself spending lots of time looking upward. For a different perspective, head up to Willis Tower's Skydeck or 360 CHICAGO for the bird's-eye view before diving headfirst into all the city has to offer — from exceptional museums to pizza that takes delicious to whole new depths.

Chicago White Sox – Come cheer on the White Sox as they play the Baltimore Orioles at Cellular Field on Friday. The ball park features an exploding scoreboard, an old-time facade complete with arches and over 40,000 unobstructed-view seats. This is also a fireworks night!!

Museum Campus – A 57-acre park in Chicago that sits alongside Lake Michigan and encompasses five of the city's most notable attractions: the Adler Planetarium; The Shedd Aquarium; the Field Museum of Natural History; Soldier Field, home of the NFL Chicago Bears football team; and the Lakeside Center of McCormick Place.

Millennium Park - 25 acres of awe-inspiring landscape, breathtaking architecture and an iconic collection of public art, Millennium Park is Chicago's premier green space. All year round, "The Bean" is an iconic draw for visitors and locals alike. Take a picture in front of Cloud Gate, the official name for the massive, stainless steel structure that's become Chicago's signature landmark. In its mirror-like surface you'll see not only your own reflection but the downtown skyline.



Navy Pier – A not-for-profit originally opened as a shipping and recreational facility in 1916. Located on Lake Michigan, it has served many purposes throughout its rich history and currently encompasses more than fifty acres of parks, gardens, shops, restaurants, family attractions and exhibition facilities and is the top leisure destination in the Midwest, drawing nearly nine million visitors annually.

A Women's Health Symposium

Women in Medicine 2016 marks the 33rd annual retreat and CME conference for lesbian and other sexual minority female physicians, medical students and their partners. The yearly conference is a forum for discussion of front-line research on women's health issues, as well as lesbian, bisexual, gender-queer and transgender women's issues. There also are non-medical seminars of interest to all, as well as rejuvenating social opportunities for children and adults alike. Essential networking and mentoring opportunities abound, with a special focus on the needs of medical students and residents. This is the only medical conference where partners are not only invited to attend, but are also welcomed and encouraged to participate and learn from the high quality medical and non-CME presentations. We are proud to present a broad range of medical, ethical and social issues relevant to today's world.

In keeping with the retreat format, only registered physicians and their registered partners are invited to attend the conference. Children are invited to social functions as deemed appropriate.

Course Description

This event is historically geared toward lesbian and other sexual minority female physicians and their partners. It highlights women's health, including lesbian health. However, topics vary across a broad range of medical specialties, and are appropriate for both generalists and specialists. Speakers include nationally and internationally known experts in their fields.

Educational Objectives

By the end of the event, participants should be able to:

1. Recognize the current state of medical education in relation to the treatment of LGBT patients and identify opportunities to improve it, thereby decreasing health care disparities.
2. Recognize the epidemic of lesbian obesity and how to intervene.
3. Review the current updates for the prevention and treatment of osteoarthritis.

New Participants

WIM welcomes new participants! If you are new to the conference, there are many opportunities to interact, from networking at meals (start by sitting with board members who will be hosting tables on Wednesday night) to the small group experiences and social functions. First time physician attendees receive a 10% discount. Attendees who sign up a new physician registrant receive a \$100 discount.

Longitudinal Workshops

Like our Small Groups, which have been a valuable part of the WIM experience over the years, the Longitudinal Workshops will meet throughout the conference. These sessions offer physicians and partners an intimate environment for in-depth discussion of a variety of professional and personal issues. This is a great venue for getting to know your colleagues. Several will be awarded credit. Don't miss them!

CME

The University of Vermont College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Vermont designates this live activity for a maximum of 14.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Refund Information: In the event that you must cancel your registration for the conference, a \$75 administrative fee will be charged. No refunds are possible after July 10, 2016.

Special Needs: Please contact the University of Vermont Office of CME if you have any special needs. We will do our best to work with the hotel to accommodate you. Dietary restrictions need to be arranged directly with the hotel.



Return Service Requested

The University of Vermont
CONTINUING MEDICAL EDUCATION
128 Lakeside Avenue, Suite 100
Burlington, Vermont 05401



The University of Vermont
Presents
The 33rd Women in Medicine Conference



**August 3-7, 2016
Hilton Chicago/Indian Lakes
Bloomington, Illinois**

Program Schedule

Wednesday, August 3

- 2:00-6:00pm Registration
- 3:00-5:00 WIM Board Meeting
- 5:00-6:00 Longitudinal Workshop Leaders Meeting
- 6:00-7:00 Dinner (included)
- 7:00-9:30 Opening Event
- ◆ Introductions
 - ◆ Scholarship Awards

Thursday, August 4

- 7:00-8:30am Breakfast (included for hotel guests)
- 7:30-8:30 WIM Board Meeting
- 8:30-11:45 Plenary Sessions:
- 8:30-9:30 *Celebrating a Marriage Equality Champion: Moving Beyond the Marriage Decision
State Representative Kelly Cassidy
Michael Ziri, BA, MA
- 9:30-10:30 Lesbian Physicians of 19th Century Chicago
Jane Petro, MD
- 10:30-10:45 Break/Poster Session
- 10:45-11:45 IMPACT: Health/Longevity/Disparities in LGBT Population
Antonia Clifford, MSW
- 12:00-1:00pm Lunch (included)
- 12:00-1:00 Mentor-Mentee Lunch
- 1:15-2:15 Plenary Session:
- 1:15-2:15 From Gay Bars to Marriage Equality: The Evolution of Research on Sexual Minority Women's Health From One Researcher's Perspective
Tonda Hughes, PhD, RN, FAAN

- 2:30-3:10 Concurrent Workshops
- ◆ An Introduction to Point-Of-Care Ultrasound - Part 1
Hannah Janeway, MD; Mena Ramos, MD; Kara Toles, MD
 - ◆ Incorporating LGBTQ Advocacy and Research into Your Professional Development: From Medical School to Residency and Beyond
Nicole Sitkin, BS; Jessica Lapinski, DO
 - ◆ Multiple Identities: Being a Queer Woman of Color
Jennifer Wong, MD; Jalia Tucker, MS, MPH
 - ◆ Psychopharmacology for the Non-Psychiatrist Part 1
Margery Sved, MD

- 3:10-3:25 Break/Poster Session

- 3:25-4:05 Concurrent Workshops
- ◆ An Introduction to Point-Of-Care Ultrasound - Part 2
Hannah Janeway, MD; Mena Ramos, MD; Kara Toles, MD
 - ◆ Wellness and Life Balances
Shay Bintliff, MD
 - ◆ Using the Chronic Care Model to Build Primary Health Care for Trans & Gender Diverse People in a Small, Rural Canadian City: Every Door is the Right Door When an Activated Community Meets a Prepared Team
Sheena Howard, BScN, RN
Vanita Lokanathan, MDCM, CCFP
 - ◆ Psychopharmacology for the Non-Psychiatrist Part 2
Margery Sved, MD

- 4:20-5:05 **Longitudinal Workshops

- 6:00-7:00 Dinner (included)

- 7:00-10:00 LHF Event/Entertainment

Friday, August 5

- 7:00-8:30am Breakfast (included for hotel guests)
- 7:30-8:30 WIM Board Meeting
- 8:30-10:30 Plenary Sessions:
- 8:30-9:30 Financial Planning
Virgil Hughes
- 9:30-10:30 Surrogate Decision-Making in Hospitalized Patients: Pearls for Clinicians
Alexia Torke, MD, MS

- 10:30-10:45 Break/Poster Session

- 10:45-11:45 Concurrent Workshops
- ◆ An Introduction to Point-Of-Care Ultrasound - Part 3
Hannah Janeway, MD; Mena Ramos, MD; Kara Toles, MD
 - ◆ Board Breaking for Goal Setting and Self-Empowerment
Denise Deschenes, MD
 - ◆ Medical Management of Patients with Eating Disorders
Bethany Block, MD
 - ◆ Just the PHACTS (Post Hospitalization Adult Care Transitions)
Jennifer Carnahan, MD, MPH

- 12:00-1:00pm *About Face Theater Presentation

- Free Afternoon
- ◆ Visit Chicago
 - ◆ White Sox Game

- 6:00 Dinner (on own)

Saturday, August 6

- 7:00-8:30am Breakfast (included for hotel guests)
- 7:30-8:30 WIM Meeting - Plan 2017
- 8:30-11:45 Plenary Sessions:
- 8:30-9:30 Legislative Interference in Medicine
Colleen McNicholas, DO, MSCI, FACOG
- 9:30-10:30 Addiction, Motherhood and Incarceration
Elizabeth Lottes, DO
- 10:45-11:45 Transcare in Children and Adolescents
Robert Garofalo, MD
- 11:45-12:30pm **Longitudinal Workshops
- 12:30-6:00 Free Afternoon/Visit Chicago
- 6:00-10:00 Dinner (included)
- ◆ Closing Event
 - ◆ Graduation/Transitions
 - ◆ Music by the Artemis Singers

Sunday, August 7

- 7:00-8:30am Breakfast (included for hotel guests)
- 8:30-11:45 Plenary Sessions:
- 8:30-9:30 The Lesbian Obesity Epidemic: Recognizing, Understanding and Intervening
Sara Neal, MD, MA, CAQSM
- 9:30-10:30 Update on Prevention and Treatment of Osteoarthritis
Lesley Anderson, MD
- 10:45-11:45 Female Sexual Empowerment in the Bedroom and the Doctor's Office
Katie Hecksel, MD
- 11:45 Conference Adjourns

**Longitudinal For Credit Topics

Women of Color
Parenting Challenges for LGBTQ Families
Ethics
Family Perspective on Mental Illness
Alternative Medicine
Environmental Health Issues
Health Care Quality
Transgender Care

**Longitudinal Non-Credit Topics

Open Discussion
Retirement

* These presentations do not have AMA PRA Category 1 Credit™



Planning Committee

Colleen McNicholas, DO, MSCI, FACOG, Co-Chair
 Jennifer Carnahan, MD, MPH, Co-Chair
 Jennifer Chaffin, MD, WIM President

Faculty

Lesley Anderson, MD	Jessica Lapinski, DO
Shay Bintliff, MD	Vanita Lokanathan, MDCM, CCFP
Bethany Block, MD	Elizabeth Lottes, DO
State Representative Kelly Cassidy	Sara Neal, MD, MA, CAQSM
Antonia Clifford, MSW	Jane Petro, MD, FACS
Denise Deschenes, MD	Mena Ramos, MD
Vanessa Ferrel, BS	Nicole Sitkin, BS
Robert Garofalo, MD	Margery Sved, MD
Katie Hecksel, MD	Kara Toles, MD
Sheena Howard, BScN, RN	Alexia Torke, MD, MS
Virgil Hughes	Jalia Tucker, MS, MPH
Tonda Hughes, PhD, RN, FAAN	Jennifer Wong, MD
Hannah Janeway, MD	Michael Ziri, BA, MA



Registration Form

First: _____ MI: _____ Last: _____

MD DO Student Specialty: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (H) _____ (C) _____

E-mail: _____

Please check here if first-time attendee:

If yes, may the Welcoming Committee contact you? - Yes No

Please indicate the number of your Longitudinal Workshop choices in order of preference (see insert for topics):

Choice 1: _____ Choice 2: _____ Choice 3: _____ Choice 4: _____

Women in Medicine, University of Vermont and the Hilton Chicago Indian Lakes Resort are committed to providing an experience that is pleasureable for all attendees.

Do you have any dietary restrictions?
 Yes No

If yes, please list: _____

Children

Do you have children - Yes No

If yes, I have: _____ (ages 2-5) number of children
 _____ (ages 6-12) number of children
 _____ (ages 13-18) number of children

I would be interested in connecting with other parents - Yes No

Partner Information

Partner's Name: _____

MD DO RN NP PA Other _____

Profession: _____

Partner's Address (if different from registrant):

Phone: (H) _____ (C) _____

E-mail: _____

Will you require a non-physician CME Credit Certificate:
 Yes No *Additional fee applies*

Please check here if first-time attendee:

If yes, may the Welcoming Committee contact you? - Yes No

Please indicate the number of your Longitudinal Workshop choices in order of preference (see insert for topics):

Choice 1: _____ Choice 2: _____ Choice 3: _____ Choice 4: _____

Women in Medicine, University of Vermont and the Hilton Chicago/ Indian Lakes Resort are committed to providing an experience that is pleasureable for all attendees.

Do you have any dietary restrictions?
 Yes No

If yes, please list: _____

If you plan to purchase a t-shirt designed especially for WIM 2016, what size(s) would you like?

___ S ___ M ___ L ___ XL ___ XXL

Registration Summary

<input type="checkbox"/> Physicians	\$645.00 (\$695 after June 1)	\$ _____
<input type="checkbox"/> Partners	\$350.00 (\$400 after June 1)	\$ _____
<input type="checkbox"/> Partners	\$ 75.00 non-physician credit	\$ _____
<input type="checkbox"/> Residents/Fellows	\$250.00	\$ _____
<input type="checkbox"/> Students	\$ 50.00	\$ _____
<input type="checkbox"/> 10% Discount for First-Time Physician Attendee		\$ _____
<input type="checkbox"/> \$100 Discount for Signing up a New MD Registrant*		\$ _____
<input type="checkbox"/> Scholarship Donation		\$ _____

*New Physician Registrant Name: _____

White Sox Game - Yes No (Friday PM)
 # of guests _____ @ \$50 per person \$ _____

Total Amount Due \$ _____

I am interested in:

Museum Campus - Yes No Friday PM Saturday PM
 # of guests _____

Millennium Park - Yes No Friday PM Saturday PM
 # of guests _____

Navy Pier - Yes No Friday PM Saturday PM
 # of guests _____

I would like transportation information - Yes No

Payment Method

To pay by credit card, please visit us on-line at: www.uvm.edu/medicine/cme and select the "Women in Medicine Conference"

To pay by check, payable to the University of Vermont, please mail your payment along with a completed registration form to the address below:

UVM, Continuing Medical Education
 128 Lakeside Avenue, Suite 100, Burlington, VT 05401