

## LGBT Leadership Scholarships

Women in Medicine (WIM) will present three \$5,000 LGBT Leadership Scholarships for female medical students enrolled in allopathic or osteopathic medical schools in the United States or Canada this year. The application is on the WIM website, [WomenInMedicine.org](http://WomenInMedicine.org), and is due April 1, 2013. The scholarships will be presented at the WIM annual meeting in Clearwater, Florida, with the expectation that the medical students will be present to receive their awards. Applicants should be in good academic standing, and have actively contributed/demonstrated leadership for the LGBT community.

## Conference Scholarships

Medical students are encouraged to attend WIM for many reasons. Not only is the medical education relevant, but the network of personal and professional support at WIM is also an invaluable investment in a student's education, career and personal growth. WIM invites medical students to apply for scholarships to help defray the cost of attending this conference. Application may be found on the [WomenInMedicine.org](http://WomenInMedicine.org) website or you may call the University of Vermont Office of CME at (802) 656-2292.

*The deadline for conference application is May 1, 2013.*

**Students:** Often your Dean's Office has funding available for you to attend conferences. These funds may cover the cost of registration and travel.

As we've done in the past, we will once again organize a Mentoring Program for medical students. Our goal is to meet as many of the needs and requests of both students and mentors as possible, while providing a relaxed atmosphere. Anyone interested is invited to join!

Need-based assistance is available, on a limited basis, for others. Please contact Women in Medicine directly at [WomenInMedicine.org](http://WomenInMedicine.org).



## Entertainment and Special Events

**Opening Dinner/Introductions** – This Wednesday evening event is an opportunity to unwind from traveling and to enjoy the company of the other diverse, talented and accomplished women who attend WIM.

**LHF Event** – An Evening of Entertainment and Charity. Join in the fun on Thursday and support this unique fund-raising event which enables the continued financial support for lesbian health research.

**Boat Cruise/Dinner & Closing Events** – This special night on Saturday is designed to provide both reflection and celebration.

- ◆ Graduations and Transitions – A special time to recognize the achievements of students, residents, and our colleagues.
- ◆ Dinner/Dancing as we cruise!

## Weather

The warm breezes and plenty of sunshine throughout the year render a pleasant atmosphere. The average high is 90 degrees with the low being 75 degrees. Frequent thunderstorms are typical occurrences at Clearwater Bay area during summertime; however, the storms are brief and Clearwater sees 361 days with sunshine in a typical year. Bring your sunscreen, sandals and shades!

## Accommodations

This year's conference will be held at the beautiful Clearwater Beach Marriott Resort Suites on Sand Key. The resort offers a special experience with suite accommodations overlooking Clearwater Bay. This casually-elegant hotel is great for families and business. An aquatic playground showcases a 35-foot cascading waterfall, poolside cabanas and the kid-friendly Lisa's Klubhouse featuring supervised activities daily. Close to the boardwalk for shopping, dining and many water activities. Pamper yourself at Antonio's Salon & Day Spa, with your choice of more than 25 spa services. Choose from elegant dining or a casual intimate bay-side atmosphere at Watercolour Steakhouse and Grille.

A block of rooms has been reserved at the Marriott Resort Suites. We recommend that you make your reservations early as this is a busy vacation time and accommodations are limited. The available room rate for this program is \$169, single or double occupancy per night. All rooms are beautiful two room suites. Reservations may be made directly with the resort by calling 727-596-1100. Be sure to indicate your participation with the Women in Medicine Conference. Rooms cannot be guaranteed after May 24, 2013.



## Transportation

**Tampa International Airport** - Distance: approximately 24 miles - Accessible via FL-60 West to Clearwater. Take 3rd roundabout exit, continue on Coronado Drive, curve right onto Hamden. Turn Left on South Gulfview Blvd. (FL 699), turn slight right onto Gulf Blvd. and over bridge. Marriott is on the left.

**St. Petersburg-Clearwater International Airport** - Distance: approximately 12 miles - Take 686 West/Roosevelt Blvd. (9.5 miles). Turn right onto Gulf Blvd (3.7 miles). Marriott is on the right.

*\*\*This hotel does not supply shuttle service, but the Super Shuttle is available for ~\$26 one-way.*

## Area Information & Leisure Time

Clearwater Beach offers a seemingly endless supply of entertainment, natural beauty, and outdoor activities both on land and at sea. Voted as the 2013 USA Today Reader's Choice for Best Beach Town in Florida! No one can afford to miss this ultimate destination, ideally situated on Florida's stunning West Coast and offering something for every visitor and every budget. Enjoy casual and fine dining, vibrant activities and the rich history and heritage of the area. We invite you to soak up the fun and sun of Clearwater's outstanding coastline. Caressed by tranquil Gulf breezes, its beaches offer miles of sugar-white sand, and crystal clear waters!

June is always a great time of the year in Clearwater to enjoy summer activities. The air is fresh and the sun is shining for the beach, poolside, shopping, dining, golf, amusement parks, water parks, aquariums, etc... There is something for everyone in Florida! The Marriott Suites Clearwater Beach and the Florida region provide everything you need to create cherished WIM memories!

### Pre-Conference Trips:



**Walt Disney World:** A Walt Disney World excursion with group room rates and transportation provided to Clearwater! We invite you and your family to join us on June 22, at Walt Disney World Park for 3 nights with group rates at one of the amazing

resorts. We will provide transportation to the Marriott in Clearwater on the 25<sup>th</sup>.

If you prefer a one-day adventure, we will provide transportation to and from the park on Tuesday the 25<sup>th</sup> from the Marriott in Clearwater.

For more information on Disney, please contact Laurel Waters at: [lwatersmd@yahoo.com](mailto:lwatersmd@yahoo.com).

**Deep Sea Fishing:** Full or half-day trips can be scheduled on Tuesday, June 25. A typical all day catch includes grunts, sea bass, triggerfish, grouper and an occasional kingfish, shark, cobia, mahi-mahi or amberjack. Half-day trips are up to 10 miles offshore and the full-day trips can be up to 30 miles offshore. Bring back your catches and we can arrange to have a local restaurant cook them for your dinner!

**St. Pete Pride Parade, Saturday, June 29:** To make your week with us even more memorable, we will be going to the Tampa GLBT community for the Gay Pride Parade on Saturday morning on June 29! We will transport our group to and from the event. Come join us to show your pride!!

## A Women's Health Symposium

Women in Medicine 2013 marks the 30<sup>th</sup> annual retreat and CME conference for lesbian and other sexual minority female physicians, medical students and their partners. The yearly conference is a forum for discussion of front-line research on women's health issues, as well as lesbian, bisexual, gender-queer and transgender women's issues. There also are non-medical seminars of interest to all, as well as rejuvenating social opportunities for children and adults alike. Essential networking and mentoring opportunities abound, with a special focus on the needs of medical students and residents. This is the only medical conference where partners are not only invited to attend, but are also welcomed and encouraged to participate and learn from the high quality medical and non-CME presentations. We are proud to present a broad range of medical, ethical and social issues relevant to today's world.

In keeping with the retreat format, only registered physicians and their registered partners are invited to attend the conference. Children are invited to social functions as deemed appropriate.

## Course Description

This event is historically geared toward lesbian and other sexual minority female physicians and their partners. It highlights women's health, including lesbian health. However, topics vary across a broad range of medical specialties, and are appropriate for both generalists and specialists. Speakers include nationally and internationally known experts in their fields.

## Educational Objectives

By the end of the event, participants should be able to:

1. Recognize the current state of medical education in relation to the treatment of LGBT patients and identify opportunities to improve it, thereby decreasing health care disparities.
2. Identify why and how postural hypotension is important in adult patients.
3. Formulate strategies for dealing with chronic pain patients.
4. Recognize the role hospice care will play in patients' quality of life.

## New Participants

WIM welcomes new participants! If you are new to the conference, there are many opportunities to interact, from networking at meals (start by sitting with Board members who will be hosting tables on Wednesday night) to the small group experiences and social functions. First time physician attendees receive a 10% discount. Attendees who sign up a new physician registrant receive a \$100 discount.

## Small Groups

Small groups are a valuable part of the WIM experience. Throughout the conference, these sessions offer physicians and partners an intimate environment for in-depth discussion of a variety of professional and personal issues. This is a great venue for getting to know your colleagues. Don't miss them!

## CME

The University of Vermont College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Vermont designates this live activity for a maximum of 15 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Refund Information:** In the event that you must cancel your registration for the conference, a \$75 administrative fee will be charged. **No refunds are possible after May 15, 2013.**

**Special Needs:** Please contact the University of Vermont Office of CME if you have any special needs. We will do our best to work with the Hotel to accommodate you. Dietary restrictions need to be arranged directly with the Hotel.

## Child Care

Families with children are an important element of the WIM conference. This year, we are pleased to let you know that the hotel has Lisa's Klubhouse, phone: 1-727-596-1100. The recreation staff plans daily activities and events for children ages 5 -12, teens, and groups. Fee: \$5.00 USD.

If you require specific childcare needs other than a few hours a day, you may contact Nannies Who Care, [www.nannieswhocare.com](http://www.nannieswhocare.com) or 727-784-8868 and they will be able to assist you.



The University of Vermont  
COLLEGE OF MEDICINE

*In Alliance with Fletcher Allen Health Care*

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Burlington, Vermont 05401

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Women in Medicine  
Clearwater, Florida  
June 26-30, 2013

The University of Vermont  
*Presents*

**The 30<sup>th</sup>  
Women in Medicine  
Conference**

**June 26-30, 2013  
Clearwater, FL**

## Program Schedule

### Wednesday, June 26

3:00-6:00pm **Registration**

6:00-9:30 **Opening Event & Dinner (included)**

### Thursday, June 27

6:30-8:30am **Full Cook-to-Order Breakfast**  
*(included for hotel guests)*

7:30-8:30 **WIM Board Meeting**

8:30-11:45 **Plenary Sessions:**

8:30-9:30 **Fraud and Fraudsters: A Trip Through American Medicine**  
*Jane Petro, MD*

9:30-10:30 **Postural Hypotension: Evolving Importance**  
*Pam Charney-Shatz, MD*

10:30-10:45 **Break**

10:45-11:45 **Urinary Incontinence: Easy as 1, 2, 3**  
*Jeanette Brown, MD*

12:00-1:00pm **Lunch (included)**

12:00-1:00 **Mentor-Mentee Lunch**

1:15-2:15 **Plenary Session:**

**Somatic Experiencing: A Body-Based Approach to Healing Trauma**  
*Alicia Cohen, MD*

2:30-3:10 **Concurrent Workshops - Session I**

- ◆ **Liar, Liar, Pants on Fire! - The Art and Science of Detecting Malingerers**  
*Jennifer Chaffin, MD*
- ◆ **An Update on Abortion: Why Lesbians and Those Who Treat Them Should Care**  
*Colleen McNicholas, DO, MSCJ*
- ◆ **Heading the Call: An OBGYN's Role in Female-to-Male Transgender (FTM) Patients**  
*Lexi Light, BA & Juno Obedin-Maliver, MD, MPH*
- ◆ **Applying to Residency**  
*Nikki Goulet, MD & Jaime Stevens, MD*

3:25-4:05

**Concurrent Workshops - Session II**

- ◆ **Mental Health Stigma in Medicine: What's at Stake?**  
*Denise Deschenes, MD, MS*
- ◆ **Obstetric Issues for Lesbians**  
*Patricia Robertson, MD*
- ◆ **Yoga for Skeptics**  
*Jill Hendra, DO*
- ◆ **Medical Student Panel**  
*Alison Alpert, MFA, BA*  
*Lexi Light, BA*

4:20-5:20 **Small Groups**

6:00-7:00 **Dinner (included)**

7:00-10:00 **LHF Event/Entertainment**

### Friday, June 28

6:30-8:30am **Full Cook-to-Order Breakfast**  
*(included for hotel guests)*

7:30-8:30 **WIM Board Meeting**

8:30-10:30 **Plenary Sessions:**

8:30-9:30 **Psychopharmacology for Non-Psychiatrists**  
*Margie Sved, MD*

9:30-10:30 **Obstructive Sleep Apnea**  
*Dani Thomas, DO*

10:30-10:45 **Break**

10:45-11:25

**Concurrent Workshops - Session I**

- ◆ **Energy Efficient and Joint Preserving Fitness Activities**  
*Polly Menendez, MS, PT*
- ◆ **The Brain and Trauma: Implications for Understanding the Long-Term Consequences of Child Maltreatment**  
*Deanna St. Germain, DO*
- ◆ **Lesbian Disclosure and Healthcare Use: A Comparison of Two Samples**  
*Melissa St. Pierre, MD*
- ◆ **Pulmonary Function Test Interpretation Made User Friendly**  
*Dani Thomas, DO*

11:30-12:30pm **Small Groups**

12:30-6:00 **Free Afternoon**

6:00 **Dinner (on own~dine around in groups)**

### Saturday, June 29

6:30-8:30am **Full Cook-to-Order Breakfast**  
*(included for hotel guests)*

6:30-7:30 **Planning Meeting: WIM 2014**

7:30-1:00pm **Gather for Parade/Transportation**

2:00-5:15 **Plenary Sessions:**

2:00-3:00 **Breast Cancer Screening: Controversies and New Guidelines**  
*Susan Troyan, MD*

3:00-4:00 **New Anticoagulants: The Good, The Bad and The Ugly**  
*Lisa Weissmann, MD*

4:00-4:15 **Break**

4:15-5:15 **Physician as Patient Panel**

5:15-6:00 **Small Groups**

6:00-10:30 **Dinner - Sunset Cruise**  
**Closing Event**  
**Graduations/Transitions**  
**Music/Dancing**



### Sunday, June 30

6:30-8:30am **Full Cook-to-Order Breakfast**  
*(included for hotel guests)*

7:30-8:00 **Planning Meeting: WIM 2014**

8:00-11:00 **Plenary Sessions:**

8:00-9:00 **Leclair Bissell Lecture:**  
**\*Prescribing Pain Medications Safely**  
*Penelope Ziegler, MD*

9:00-10:00 **\*Narcotics, How Did We Get Here and Where to Go?**  
*Brenda Olson, MD*

10:00-11:00 **\*Using Hospice to Improve Your Patients Quality of Life**  
*Caroline Breeding, MA, MS, OTR/L*

11:00 **Closing/Box Lunches**

**\*The above talks have been designated AMA PRA Category 1 credit™ approved in the categories of Hospice, Palliative Care, Pain Management and Prescribing Controlled Substances, which may meet your state's requirements.**

**Many states are requiring Hospice, Palliative Care, Pain Management, and Prescribing Controlled Substances Continuing Medical Education in order to renew practicing licenses. The Board of Medical Practice shall require licensees to provide "evidence of current professional competence in recognizing the need for timely appropriate consultations and referrals to assure fully informed patient choice of treatment options, including treatment such as those offered by hospice, palliative care, pain management services, and safe and effective prescribing of controlled substances."**

## Planning Committee

Joanne Gates, MD, Program Co-Chair  
 Deb Shapiro, MD, Program Co-Chair  
 Sheri Task, MD, WIM President

## Faculty

Alison Alpert, MFA, BA	Juno Obedin-Maliver, MD, MPH
Caroline Breeding, MA, MS, OTR/L	Brenda Olson, MD
Jeanette Brown, MD	Jane Petro, MD
Jennifer Chaffin, MD	Patricia Robertson, MD
Pam Charney-Shatz, MD	Deanna St. Germain, DO
Alicia Cohen, MD	Melissa St. Pierre, MD
Denise Deschenes, MD, MS	Jaime Stevens, MD
Nikki Goulet, MD	Margie Sved, MD
Jill Hendra, DO	Dani Thomas, DO
Lexi Light, BA	Susan Troyan, MD
Colleen McNicholas, DO, MSCI	Lisa Weissmann, MD
Polly Menendez, MS, PT	Penelope Ziegler, MD



## Registration Form

First: \_\_\_\_\_ MI: \_\_\_\_\_ Last: \_\_\_\_\_

MD  DO  Student Specialty: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_

E-mail: \_\_\_\_\_

Initials \_\_\_\_\_ Last 4 digits of your SSN# \_\_\_\_\_

\_\_\_\_\_-\_\_\_\_\_-\_\_\_\_\_  
 (For CME tracking purposes only)

Please check here if first-time attendee:

May the Welcoming Committee contact you? - Yes  No

Please indicate the number of your Small Group choices in order of preference (see insert for topics):

Choice 1: \_\_\_\_\_ Choice 2: \_\_\_\_\_ Choice 3: \_\_\_\_\_

Would you like to be a small group leader? - Yes  No

I will be attending Pride Parade on Saturday the 29<sup>th</sup> - Yes  No

I will be attending the Closing Event/Boat Cruise - Yes  No

If you plan to purchase a T-Shirt, designed especially for WIM 2013, what size(s) would you like?

\_\_\_ S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ XXL

**Registration Deadline: May 15, 2013**

## Partner Information

Partner's Name: \_\_\_\_\_

MD  DO  RN  NP  PA  Other \_\_\_\_\_

Profession: \_\_\_\_\_

Partner's Address (if different from registrant):  
 \_\_\_\_\_  
 \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_

Email: \_\_\_\_\_

Will you require CME Credit (AMA Category 1 or Nursing)? (Partner Only): Yes  No  *Additional fee applies*

**If require CME/CEU's, please complete below:**

Initials \_\_\_\_\_ Last 4 digits of your SSN# \_\_\_\_\_

\_\_\_\_\_-\_\_\_\_\_-\_\_\_\_\_  
 (For CME tracking purposes only)

Please check here if first-time attendee:

May the Welcoming Committee contact you? - Yes  No

Please indicate the number of your Small Group choices in order of preference (see insert for topics):

Choice 1: \_\_\_\_\_ Choice 2: \_\_\_\_\_ Choice 3: \_\_\_\_\_

Would you like to be a small group leader? - Yes  No

I will be attending Pride Parade on Saturday the 29<sup>th</sup> - Yes  No

I will be attending the 29<sup>th</sup> Closing Event/Boat Cruise - Yes  No

Medical Student Academic Leadership Scholarships & Conference Scholarships are Available

*Please also check with your Dean's Office for additional funding. Limited need-based assistance available for others. Please contact:*

WomenInMedicine.org or email wim.doctors@gmail.com

## Registration Summary

- Physicians \$595.00 (\$645 after May 1) \$ \_\_\_\_\_
- Partners \$350.00 (\$400 after May 1) \$ \_\_\_\_\_
- Partners \$ 75.00 Nursing Credit Fee \$ \_\_\_\_\_
- Residents \$200.00 \$ \_\_\_\_\_
- Students \$ 50.00 \$ \_\_\_\_\_
- 10% Discount for First Time Physician Attendee \$ \_\_\_\_\_
- \$100 Discount for Signing up a New MD Registrant\* \$ \_\_\_\_\_
- Scholarship Donation \$ \_\_\_\_\_

**Total Amount Due** \$ \_\_\_\_\_

\*New Physician Registrant Name: \_\_\_\_\_

I am interested in the Disney Pre-Conference Trip - Yes  No

If yes:

I want to go June 22-25 - Yes  No

I will need transportation to Clearwater on the 25<sup>th</sup> - Yes  No

I want to go just for the day of June 25 - Yes  No

I will need round-trip transportation on the 25<sup>th</sup> - Yes  No

I am interested in the Pre-Conference Fishing Trip - Yes  No

If yes:

I want to go for a half-day (4 hours) - Yes  No

I want to go for a full-day (8 hours) - Yes  No

## Payment Method

- To pay by credit card, please visit us on-line at: <http://cme.uvm.edu> and select the "Women in Medicine Conference"
- To pay by check, payable to the University of Vermont, please mail your payment along with a completed registration form to the address below:

**Mail to:** UVM, Continuing Medical Education  
 128 Lakeside Avenue, Suite 100, Burlington, VT 05401  
**Phone:** (802) 656-2292 **Fax:** (802) 656-1925