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CONTINUING MEDICAL EDUCATION

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## FALL 2014 EDITION

### PRESIDENT'S ADDRESS

It is with tremendous gratitude and humility that I write my first address as the newly elected Women in Medicine President. Coming off of an amazing conference in Maine, I am refreshed and inspired by all of the wonderful women in this organization. The generosity, love, compassion and pay-it-forward attitude of our WIM community never ceases to amaze me. Thank you to everyone who attended the Maine conference, and a special thank you to Deb Shapiro, Mary, Karen and Moira from UVM, and our Immediate Past President, Sheri Task, for all of their hard work and dedication in making the conference successful. In addition to the fabulous plenaries and workshops, great entertainment, endless lobster and breathtaking views, this conference marked the third year of our Academic Leadership Scholarship program. Thanks to generous donations and dedicated donors, 11 talented medical students have now received the \$5000 scholarships, and have been welcomed into the WIM family. Also, thanks to Sheri Task and Carolyn Breeding, we will be able to provide an additional scholarship in the years to come.

Looking forward, we are poised to have another wonderful conference in Portland, OR, May 27-31, 2015. Portland is an amazing city, full of life, adventure, culture, shopping and of course, microbrews! If you haven't already submitted your abstracts, please get them in immediately. While I look forward to seeing the many familiar faces I've come to know and love, the more new faces we add to our community, the better. For WIM to continue to thrive and make an impact, we have to "recruit" and retain new attendees. I challenge each and every one of you to recruit at least one new attendee for the Portland conference. Medical students, residents, fellows, practicing and retired physicians—we want them all! In addition to the satisfaction you will gain from growing the WIM family, you also get a discount on your conference fees! Sorry, no toaster ovens.....

Jennifer Chaffin, MD  
President



# ~ 2014 ~ Women in Medicine



Dining Out in Maine



Enjoying a hike

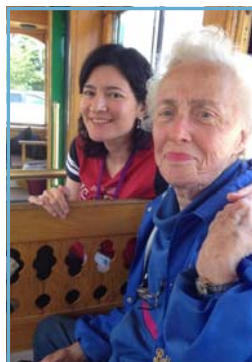


Enjoying everything lobster



The conference this year was FABULOUS!!!

For those of you that missed this year, I will update of the activities we had the pleasure of enjoying, including some of the great workshops and lectures. However, first, a shameless plug for the next conference in Portland, Oregon which I know you will be greatly disappointed if you miss. The northwest is beautiful and Portland is known for great food, local breweries, and fun outdoor adventures. Hope to see you there!



sessions outside and mingle during the clam-bake where we enjoyed the steamers and whole lobster. There was no limit to the excellent seafood that everyone enjoyed during the several days in Maine. The free time activities included Mary Poppins at the local playhouse, receiving rave reviews, a cooking class, and a day at Splashtown/Funtown for the children and significant others. Others enjoyed time at the nearby beach and in-town shopping and site seeing.

Women in Medicine puts together a great offering of workshops and lectures every year, that are on the cutting edge of research encompassing cancer treatment/imaging, chronic illnesses, physician wellness, mental health, addiction medicine and complementary medicine, to name a few. This year was no different. Conference attendees had the privilege of learning about updates on diabetes management and ovarian cancer, along with the up and coming use of 3-D breast imaging. There were talks on homeopathy, trans patients and transitioning during pregnancy. And no conference would be right without a history talk from Jane Petro discussing the New England Lesbian physicians in our history. It was an extremely well put together conference and we can thank our planner Deb Shapiro for her time and energy along with the UVM staff who help make our conference memorable every year.

This year was the 31<sup>st</sup> Women in Medicine conference and it was at a picturesque venue along the beautiful Maine coast where we were able to see the ocean all day long. The weather was nice and allowed us to enjoy the fresh air during our small group

The conference started off with an inspiring talk by Mary Bonauto who gave an update on the fight for marriage equality and the history of our struggle across the nation. She was an engaging speaker and really started things off for the remainder of the conference. The entertainment this year was absolutely HILARIOUS with comedy from Karen Williams at the yearly LHF fundraiser and then on the closing night from



Julie Goldman. If you ever have a chance to see either of these women, you should make it happen.

Along with great entertainment and educational lectures, the really unique part of Women in Medicine is the life-long relationships that we are creating. Each year

we come together to celebrate life and new beginnings at the same time mourn the loss of our friends/partners that have passed. Women in Medicine is an organization like no other and together we nurture each other personally and professionally with our mentoring and friendships. Financially we give to help fund the educations of our medical students/residents and also research for sexual minority women. The conference allows us the opportunity to come together each year to reunite with our friends/colleagues and learn recent breakthroughs in medicine. I look forward to seeing you at the next conference and please take the time to speak and bring one more person so that they may have the gift of experiencing a Women in Medicine conference.

Kind regards,  
Mindy Young-Reeves, Treasurer

# CALL FOR PAPERS/ABSTRACTS FOR THE CONFERENCE

**PLEASE SUBMIT A PROPOSAL FOR THE 32<sup>nd</sup> ANNUAL WIM CONFERENCE - Portland, Oregon, May 27-31, 2015!**

The conference this year will focus on care across the spectrum. We will highlight care for the young, old, differently abled, economically disadvantaged and international health, particularly as it relates to Lesbian health. We are interested in talks that focus on these issues but welcome topics from the full range of medical specialties. Topics should be relevant to both specialists and generalists. There are opportunities for plenary sessions as well as smaller workshops.

## **Residents:**

Feel free to submit a proposal for a workshop. If you are involved in a research project, we invite you to give a 10 minute overview and receive feedback on your project. Gain experience in presenting at a national conference. This may also enable you to obtain funding from your program to attend the conference.

**DEADLINE FOR SUBMISSION OF PROPOSALS: OCTOBER 15, 2014**

Please submit proposals on-line by visiting: <http://www.uvm.edu/medicine/cme>

If you have any questions, please contact the University of Vermont at: (802)656-2292  
or via email: [karen.whitcomb@uvm.edu](mailto:karen.whitcomb@uvm.edu)

## **LHF – GOAL of \$1 MILLION for 25 years**

Thanks to the generous women of WIM, and the lovely comedienne Karen Williams, the Lesbian Health Fund had an amazingly successful fundraiser in Maine, raising over \$26,000. With your



continued support, the Lesbian Health fund continues to improve the health of lesbian and sexual minority women (SWM) and their families through research. Having funded well over \$800,000 worth of research grants, we continue to strive toward our goal of \$1M worth of grants funded by 2017, the 25<sup>th</sup> anniversary of the LHF.

The GLMA Annual Conference fundraiser is set to take place on September 12<sup>th</sup> in Baltimore, and hopefully will be another great success and put us even closer to the \$1M mark. In addition to the WIM and GLMA fundraisers, the LHF is working to partner with Olivia Cruises to continue and expand the

Seminar at Sea series, which was a great success this past year. We will provide further details as they emerge.

Call for Submissions: The next grant cycle deadline is October 15<sup>th</sup>. We have already received some submissions, but a dedicated email announcing the Call will be sent in mid-September (after the GLMA conference).

## **FINANCIAL SUPPORT FOR WIM**

Every year many amazing women (including yourself) help support WOMEN IN MEDICINE and the donations that we receive each year keep the conferences continuing, along with the student scholarships and our ability to stay connected as a lesbian physician group. Remember that any donation above \$1,201 a year, will allow you one registration fee towards the upcoming conference—**Legacy Donors!**

Donations to WIM can be made all year long through our PayPal account at [WomenInMedicine.org](http://WomenInMedicine.org). Thank you to those that have included us on their life

insurance and/or wills and to those that have donated stocks. You may also send checks directly to WIM. You can specify your contributions to our general operations fund, academic scholarship fund, or for the support of our medical students to attend the conference. As many of you know we have had a great increase in medical students and residents over recent years and this is thanks to the generosity of our members, so let's keep it going.

## **GOING GREEN?**

If you would like to help WIM save money as well as help the environment, please let us know if you would prefer to receive future publications and notices electronically.

Please send your name and preferred email address (or two).

## **MOVING?**

Please also keep us up-to-date on your current addresses for our database.

Email WIM: [wim.doctors@gmail.com](mailto:wim.doctors@gmail.com)

# UPCOMING 32<sup>ND</sup> ANNUAL WIM CONFERENCE



The Embassy Suites Downtown, Portland, Oregon

May 27-31, 2015

The 32<sup>nd</sup> WIM conference takes place in beautiful Portland, Oregon, May 27-31, 2015. What distinguishes Portland, Oregon, from the rest of America's cityscapes? Or from the rest of the world's urban destinations for that matter? In a Northwest nutshell: everything. For some, it's the wealth of cultural offerings and never-ending culinary choices; for others, it's Portland's proximity to the ocean and mountains, or simply the beauty of having all these attributes in one place.

The Women in Medicine Conference will be held at The Embassy Suites in Downtown Portland. You'll enjoy easy access to the city's tax-free stores, famous microbrew beer pubs, and popular restaurants. The hotel is conveniently located adjacent to public transportation including the Max Light Rail System with direct connections to the Oregon Convention Center, Portland International Airport, Oregon Zoo and many other popular attractions.

May is always a great time of the year in Portland to enjoy spring activities. The air is fresh and the flowers are in gorgeous bloom! Amidst spring showers, the sunbreaks and dry days are common, and spring visitors are rewarded with lovely vistas, and bountiful outdoors adventures.

**For more information, please visit: [WomenInMedicine.org](http://WomenInMedicine.org) or <http://cme.uvm.edu>**

**or contact [wim.doctors@gmail.com](mailto:wim.doctors@gmail.com)**

Above all, it will be a weekend of superb educational talks and camaraderie, in a supportive and fun environment. There is no other CME conference like this!

# TRANSITIONS/ANNOUNCEMENTS/PUBLICATIONS



**Mindy and Deanne Young-Reeves** are excited to announce that we will be having a son in November. We both can't wait to introduce him to the WIM family in Portland at next years conference. Announcement above was sent from Paris in June.

## Update on 2012 Scholarship Recipients

**Alison Alpert**, Since being lucky enough to receive the WIM scholarship, I have been engaged in LGBTQI medical education research. While at UVM, I worked with the local LGBTQ community to create standardized patient (SP) cases, which we used to teach LGBT sexual-history taking to second-year medical students. Local LGBTQ people were recruited to be SP actors and to provide feedback to students regarding their ability to create a welcoming patient provider relationship. Additionally, I conducted a qualitative research project using focus groups to identify what LGBTQI patients think doctors should know and do to take care of them and to get their feedback about the LGBT and DSD-affected Competencies created by the AAMC. I have presented this research at GLMA, the LGBT health workforce conference, and the Northeast Group on Educational Affairs conference. It has also been submitted for consideration for publication. In May, I graduated from the University of Vermont and am now a first year Internal Medicine resident at the Cambridge Health Alliance. Please be in touch: [aalpert@challiance.org](mailto:aalpert@challiance.org).

**Michelle Garrido**, PGY2 in Family Medicine @ Harbor-UCLA. Survived intern year! Much happier to have some glorious weekends off! I am so grateful to my angels Chris and Nan and WIM for the scholarship as I was going through serious financial difficulty at that time. I visited Chris and Nan last year in their beautiful home and hope to see them again soon. I have been basically keeping busy

nonstop with residency. Some exciting news is that I will be working with adolescent LGBT population in association with the Gay and Lesbian Center here in LA. I am also hoping to attend WIM next year! I truly feel blessed to be amongst such awesome WIM women. Picture from WIM 2012, my beautiful angels.



My Gift to Me by **Shay Bintliff, MD**

Their words were harsh and hurtful,  
"You throw like a girl!" Jenni N Dan  
But I didn't, so I demanded  
Take  
That  
Back!

Knowing what they really meant was, language-video.c ~  
"You can't cause you're a girl!"  
The words continued like bullets'  
"You're weak, you're going nowhere",  
And again I demanded,  
Take  
That  
Back!

Knowing I would show them,  
And someday they would choke on those words!  
I will because I am a girl, I said with vigor.  
I'm strong and yes, I am proud to be a girl.

Demanding that they  
Hear  
My  
Words  
Was my gift to me.

I'm now in your face.  
I am now a doctor and a feminist  
Please, come celebrate my gift to me!

**Send us your updates!!**  
**wim.doctors@gmail.com**

## MEDICAL STUDENTS



Medical Students at WIM 2014

### Women in Medicine 2014 ~ \$5,000 Academic Scholarship Recipients

**Diana Moffa**, Robert Wood Johnson Medical School, New Brunswick, New Jersey, expected graduation date of 2016; Accelerated Premedical Program at the University of Pennsylvania, Philadelphia, Pennsylvania, 2011; Bachelor of Science in Finance, Lehigh University, Bethlehem, Pennsylvania, 2007

**Shannon Smith**, University of Oklahoma School of Community Medicine and College of Public Health, Tulsa, Oklahoma, expected graduation date of 2015; Bachelor of Arts in Psychology, University of Tulsa, Tulsa, Oklahoma, 2011

Two additional \$5,000 Academic Scholarships awards include:

**The Gartrell-Mosbacher Women in Medicine Academic Scholarship** established by Nanette Gartrell and Dee Mosbacher, was awarded to:

**Angela Marchant**, A.T. Still University, School of Osteopathic Medicine, Mesa, Arizona, expected graduation date of 2015; Post-Baccalaureate Premedical, University of Wisconsin, Madison, Wisconsin 2010; Bachelor of Arts in Women's and Gender Studies, Brandeis University, Waltham, Massachusetts, 2007

**The Reynolds-Warner Women in Medicine Academic Scholarship** established by Nancy (Nan) Warner and Christine (Chris) Reynolds, was awarded to:

**La'Nyia Odoms**, Meharry Medical College, School of Medicine and School of Graduate Studies and Research, Nashville, Tennessee, expected graduation date of 2016; Masters of Education, Mathematics Education, Rutgers, The State University of New Jersey, New Brunswick, New Jersey, 2007; Bachelor of Arts, Mathematics, Rutgers College, 2006

Visit [WomenInMedicine.org](http://WomenInMedicine.org) for information on scholarships