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CONTINUING MEDICAL EDUCATION

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FALL 2015 EDITION

PRESIDENT'S ADDRESS

Fall is my favorite time of the year. The leaves are changing, the nights are getting cooler, and it's almost time to break out our sweaters! It's quite a change since our time in Portland this past summer. Thanks again to everyone who helped make WIM 2015 such a special experience, especially Dani, Laurel, Mary and the UVM crew. While it was a smaller, more intimate conference than years past, the fascinating lectures, great excursions, hands-on workshops and infectious energy radiating from the **THIRTY** medical student attendees made this year another special one for WIM.

The conference planners are already hard at work preparing for WIM 2016 in Chicago, and are eagerly awaiting your abstract submissions <http://www.uvm.edu/medicine/cme/?Page=wimabstract.html>.

This will be the first WIM with a formal poster session for medical students, residents and fellows to showcase their work, but we also have plenty of plenary and workshop opportunities. Great activities and entertainment are being lined up, and the excitement is building!

During our Portland Board meeting, the Board voted to create committees to aid in the business and goals of WIM. The first new committee to take form is the Mentorship Committee, which will be working on a more formal and effective mentorship program within WIM. Additional committees will be forming in the months to come, so if you are interested in becoming involved in a particular facet of WIM, please contact me at jac4md@hotmail.com. Committee membership is not restricted to Board members.

We hope to continue to have a strong medical student presence in years to come, and have already had several new students join the WIM Board, ensuring we continue to have new ideas and representation from all phases of medicine. As you know, WIM subsidizes students' room and board through generous donations. Unfortunately, the large number of medical students this past year completely depleted the Student Travel Fund. **WE NEED YOUR HELP TO REPLENISH THE FUND!** Please help us Pay It Forward and make a donation to allow us to continue to promote the education and mentorship of sexual minority female medical students in a safe and nurturing environment. These students are our future! Tax deductible donations can be made online via PayPal <http://www.womeninmedicine.org/support-us.html> or checks can be mailed to Women in Medicine, PO Box 107, Colchester, VT 05446!

Cheers to sweater weather!

Jennifer Chaffin, M.D.
WIM President



WomenInMedicine.org

wim.doctors@gmail.com

Pictures from some of the
Portland outings!

~ 2015 ~ Women in Medicine



Once again the WIM conference was an exciting time; creating relationships with our new attendees and reconnecting with old friends. The 32nd WIM conference was held in downtown Portland, Oregon, which was an excellent location with easy walking around town to wonderful breweries, restaurants, and food trucks. Many conference attendees spent extra days enjoying the city and surrounding areas, which are absolutely stunning outdoor menageries with forests and waterfalls.

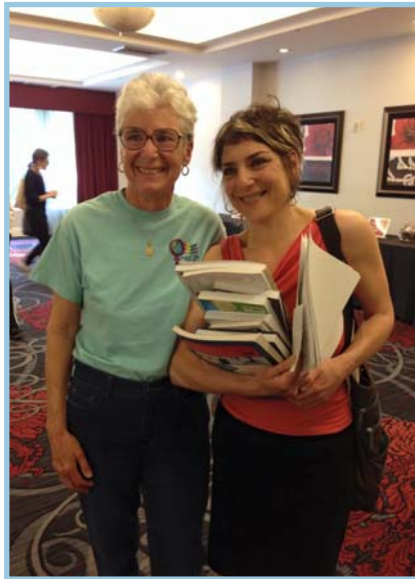
When people were not enjoying the outside, they were re-energizing themselves in the conference lectures and workshops. The conference, as always, had amazing speakers with everything from updates on osteoporosis and women's health issues to comic books and narrative medicine by our very own Ellen Forney (Diane Gabe's daughter). Ellen's talk was riveting and truly gained the attention of the entire conference. I would highly recommend her book *Marbles*.

Dee Mosbacher shared some of her documentaries from over the years, which document the struggles and activism over time in the LGBT community along with women's rights. She discussed lesbians in college and professional sports along with the struggle of parents with gay children. Her contributions are now being housed in the Smithsonian Institution's permanent collection. A honor that is well deserved.

And as if that wasn't enough, we also had our first osteopathic medicine series which was greatly received. Participants were able to get hands-on practice in osteopathic manipulations and there were even osteopathic treatments auctioned off to support WIM.

The programming this year was broad and there were several lectures presented that have never been subjects at Women in Medicine before. This is all in thanks to the time and energy the

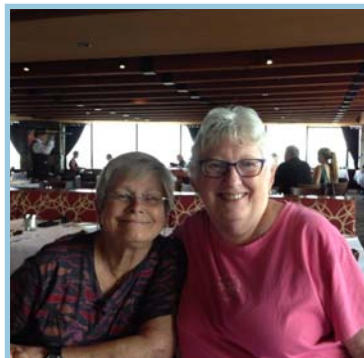
conference chairs, Dani Thomas and Laurel Waters, put into planning. We owe them a great deal of thanks for their efforts, which clearly paid off in the content of the conference.



Additionally, there were excellent free-time activities arranged which participants and families could select to go on (a walking brewery tour and a water fall tour) or they could explore the city themselves to visit the Zoo, the Rose Garden or a MLS soccer game to name a few things.

The WIM conference, once again, had a large contingency of medical school students

thanks to the generosity of our donors. Women in Medicine has been able to give scholarships to deserving students in addition to the three scholarships sponsored by attendees. We are investing in our future physicians and it is inspiring to hear all of the work that they are doing for the LGBT community and the medical community at large. We have a lot to be proud of in the herstory of Women in Medicine and we will continue to change the world through our activism in striving for equality.



Lastly, please save the date for the upcoming conference that will be held August 3-7, 2016 in Chicago. More information will be available on the WIM website soon and in the Spring Newsletter next year, so please be sure to check out the details! I have no doubt that our next conference will be just as informative and energizing as the conference in Portland. I hope that those of you who were

unable to attend this year, will be able to come to the next WIM and for those that came this year, I look forward to seeing you again soon!

Kind regards,

Mindy Young-Reeves
WIM Treasurer

ATTENTION SPEAKERS and STUDENTS!

The 33rd Annual Women in Medicine 2016 Conference & Retreat Seeks Plenary, Workshop and Poster Presentations!

Hilton Chicago Indian Lakes Resort, Bloomingdale, IL— August 3-7, 2016

Plenary Session: Plenary Sessions are from 45 to 60 minutes in length and will be the only presentation offered during that time period. Preference will be given to proposals that relate to medical topics. Panel presentations are also possible as plenary sessions.

Workshops: There will be multiple workshops scheduled concurrently. These will be 40 to 45 minutes in length. Presentations may focus on any topic of interest to lesbian physicians or their partners.

Longitudinal Workshops: We are seeking leaders for traditional small group sessions. These sessions tend to be 30 to 45 minutes in length and will be offered several times during the conference to maintain continuity of discussion. Leaders are not required to be trained facilitators and newcomers are welcome.

“NEW” - Medical Student, Residents and Fellows Research Poster Presentation: Women In Medicine is seeking poster presentations from our talented medical students, residents and fellows. Part of the Chicago program will be dedicated to poster presentations, to allow for our up and coming attendees to share their research at a national, multi-disciplinary conference. If selected, presenters will be provided with formal letters to their training programs to help secure time and funding for the conference.

DEADLINE FOR SUBMISSION OF PROPOSALS: December 1, 2015

Please submit proposals on-line by visiting: <http://www.uvm.edu/medicine/cme>

If you have any questions, please contact the University of Vermont at: (802)656-2292 or via email: karen.whitcomb@uvm.edu



FINANCIAL SUPPORT FOR WIM

Every year many amazing women (including yourself) help support WOMEN IN MEDICINE and the donations that we receive each year keep the conferences continuing, along with the student scholarships and our ability to stay connected as a lesbian physician group. Remember that any donation above \$1,201 a year, will allow you one registration fee towards the upcoming conference—**Legacy Donors!**

Donations to WIM can be made all year long through our PayPal account at WomenInMedicine.org. Thank you to those that have included us on their life insurance and/or wills and to those that have donated stocks. You may also

send checks directly to WIM. You can specify your contributions to our general operations fund, academic scholarship fund, or for the support of our medical students to attend the conference. As many of you know we have had a great increase in medical students and residents over recent years and this is thanks to the generosity of our members, so let's keep it going.

Send checks to:

**Women in Medicine, Inc.
P.O. Box 107
Colchester, VT 05446**

If you would like to make an on-line donation, please visit our website at

WomenInMedicine.org

GOING GREEN?

If you would like to help WIM save money as well as help the environment, please let us know if you would prefer to receive future publications and notices electronically.

Please send your name and preferred email address (or two).

MOVING?

Please also keep us up-to-date on your current addresses for our database.

Email WIM: wim.doctors@gmail.com

UPCOMING 33rd ANNUAL WIM CONFERENCE

Hilton Chicago Indian Lakes Resort, Bloomingdale, IL

August 3-7, 2016

#10 – Willis Tower/formerly known as Sears Tower, is still the tallest in the United States, at 1,450 feet. For awesome 360-degree views of the city, head to the 103rd-floor Skydeck. From here you will also be able to access The Ledge, a series of enclosed glass boxes jutting from the Skydeck and providing a fascinating view straight down to the ground.

#9 – Field Museum is home to all sorts of cultural treasures, fossils, and artifacts, as well as a myriad of interactive exhibits. Make no bones about it, this natural history museum is one of the best in the country.

#8 – Navy Pier is home to a variety of attractions on the waterfront – for kids as well as adults – one of Chicago's most visited attractions. An added bonus of spending time at the Pier: the breathtaking city views.

#7 – Museum of Science & Industry houses more than 800 exhibits and is a Chicago must-see, especially for families. Make sure you arrive rested, since it takes a whole day just to hit the top attractions.

#6 – Lincoln Park Zoo, Chicago's second most popular attraction after Navy Pier, while small compared to lots of top US Zoos, is a leading light for ape research, and its park setting, duck ponds, historic café and landmark red barn endear it to all who visit.

#5 – Magnificent Mile, a glitzy strip of stores and striking buildings runs for, you guessed it, about a mile along North Michigan Avenue consisting of famed department stores like Neiman Marcus, as well as high-end boutiques such as Tiffany & Co, and popular chain stores.

#4 – The Art Institute of Chicago, housed in a massive Beaux Arts edifice with an impressive Modern Wing by Renzo Piano, has some 260,000 works from around the globe, and is famous for its Impressionist and Post-Impressionist works and touring shows.

#3 – John G. Shedd Aquarium, houses some 25,500 marine animals representing 2,100 different species that include amphibians, fish, and aquatic mammals.

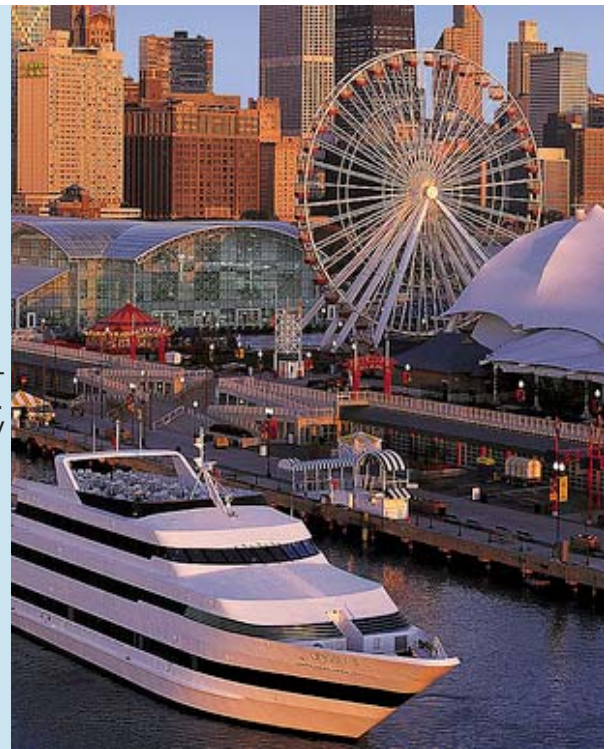
#2 – Hilton Chicago Indian Lakes Resort, set just 30 minutes from downtown Chicago and O'Hare International Airport, offers everything you need for a relaxing retreat featuring: five restaurants and bars located on the premises, the Resolution Spa and Wellness Center, 27-hole golf course, hiking, mini-golf, indoor and outdoor pool, and more...

And the #1 reason to visit Chicago in 2016 – The 33rd Annual Women in Medicine Conference!!! It will be a weekend of superb educational talks and camaraderie, in a supportive and fun environment. There is no other CME conference like this!

For more information, please visit: WomenInMedicine.org or <http://cme.uvm.edu>

or contact wim.doctors@gmail.com

Guests can call the Hilton Chicago directly for reservations - [800-334-3417](tel:800-334-3417) or [630-529-0200](tel:630-529-0200) Please make sure to mention you're with the WIM group to get in our room block \$149 single/double and includes breakfast!



TRANSITIONS/ANNOUNCEMENTS/PUBLICATIONS

Your New WIM Mentoring Committee

A new committee of your WIM Board has been busy at work: the WIM Mentorship Committee, chaired by Board Member Juno Obedin-Maliver, with members Shay Bintliff, Patty Robertson, Sheri Task, Nix Sitkin and Kara Toles. The first step to strengthening and expanding the WIM mentoring network will be a member survey. This will be designed to find out from WIM members if they would like to be a WIM mentor, and in what areas they themselves would like mentoring in. Once the surveys are returned, the next step will be matching mentees for a primary mentor, with a pool of mentors in different areas such as parenting, leadership, retirement, work-life balance and others also available. Please join us in this exciting venture! Stay tuned for a survey by email, and please respond!



Joan Wurmbrand, MD and **Carol Fey, JD**, married in Massachusetts right after WIM in P'Town in 2004, were able to "cross-adopt" Isaac and Abby this summer after the Supreme Court legalized LGBT marriage. Our family is now completely legal!

Send us your updates!!
wim.doctors@gmail.com

Regarding **Dee Mosbacher MD, PhD**: The Sophia Smith collection at Smith College has acquired D's personal and film archives. The Smithsonian's National Museum of American History has also acquired her films.

Brigitte Mengelberg, MD passed away September 15. She was a retired OB-GYN who lived in Vancouver, Washington with her long time partner Mary Jo Lackaff. Carolyn Becker and Jane Petro first met them at the WIM meeting in Springhill, Minnesota in 1987. Brigitte and Mary Jo were vivacious and gracious in their openness about their lives, and careers, a great help in an era where coming out was still a significant topic of discussion. They were also avid naturalists, and were largely the instigators of the nude swimming and topless volleyball that contributed to making that particular meeting so memorable.

Laughter Therapy by Shay Bintliff, MD

A fellow walks into a bar he had never been in before and ordered a drink. He then asked the bartender if he enjoyed dumb-jock jokes. The beefy attendant leaned over and fixed a withering glare on his customer. "Listen buddy" he growled, "See those two big guys on the left? They're professional football players. And that huge fellow on your right is a world-class wrestler. That guy in the corner is a champion weight-lifter. And I lettered in three sports at Notre Dame. Now," he continued, "are you absolutely positive you want to go ahead and tell your dumb-jock joke here?" "Nah, I guess not," the man replied. "I wouldn't want to have to explain it five separate times!!!" ...and then the fight...

Now for some one-liner LOLs!!

Q: Did you hear about the classical piano teacher who was not a good speller?

A: When she went out to buy something she left a sign on her door that said: "Out Chopin. Be Bach in a minute!"

Q: What did the boy ghost say to the girl ghost after he saw her all dressed up for Halloween?

A: You look boo-tiful!!"

That's it friends...Be Well...Remember, this year's Flu Vaccine matches the prevailing strains of Flu more closely than in many years past....GET SHOT!!!

Aloha...a hui hou



MEDICAL STUDENTS



Medical Students at WIM 2015

Women in Medicine 2015 ~ \$5,000 Academic Scholarship Recipients

This has been another year of renewed excitement and interest in the future of our organization. The board has spent quality time looking at how we can grow and sustain ourselves for the future. The result of this is the formation of two **Women in Medicine \$5,000 student academic scholarships that were awarded to:**

Jennifer Wong, University of Hawaii John A. Burns School of Medicine (JABSOM), Honolulu, Hawaii expected graduation date of 2016; Scripps College, Bachelor of Arts, 2012.

Jalia Tucker, Chicago Medical School, Rosalind Franklin University of Medicine and Science, expected graduation date of 2017; Rosalind Franklin University of Medicine and Science, MS, Biomedical Sciences, 2013; Drexel University, Philadelphia, Pennsylvania, MPH, Health Management and Policy, 2010; University of San Francisco, San Francisco, California, Bachelor of Science in Biology, 2005.

Three additional \$5,000 Academic Scholarships awards include:

The Breeding-Task Women in Medicine Academic Scholarship

established by Caroline Breeding and Sheri Task, was awarded to:

Lauren Titus, Medical College of Georgia, Augusta, Georgia, expected graduation date of 2017; University of Georgia Honors Program, Athens, GA, Bachelor of Science in Biology, Franklin College of Arts and Science, Minors in French language and Philosophy, 2013.

The Gartrell-Mosbacher Women in Medicine Academic Scholarship

established by Nanette Gartrell and Dee Mosbacher, was awarded to:

Nicole Sitkin, Yale University School of Medicine, New Haven, Connecticut, expected graduation date of 2018; University of California-Davis, Davis California, Bachelor of Science in Neurobiology, Physiology, and Behavior, Minor in Studio Art, 2012.

The Reynolds-Warner Women in Medicine Academic Scholarship

established by Nancy (Nan) Warner and Christine (Chris) Reynolds, was awarded to:

Vanessa Ferrel, University of California-San Diego, School of Medicine, Sand Diego, California, expected graduation date of 2017; Bachelor of Science in Chemistry from University of California-Riverside, Riverside, California, 2012.